

Livingston County & Western Oakland Meals on Wheels - August 2026 Menu

<u>Monday</u> <u>8/3/2026</u>	<u>Tuesday</u> <u>8/4/2026</u>	<u>Wednesday</u> <u>8/5/2026</u>	<u>Thursday</u> <u>8/6/2026</u>	<u>Friday</u> <u>8/7/2026</u>
Country Fried Steak Mashed Potatoes Broccoli Whole Grain Bread Apple 0	Chicken Parmesan Noodles Italian Vegetables Tossed Salad Peaches 0	Maurice Salad w/ham, turkey, cheese, pickles Mixed Greens Dinner Roll Banana 0	Italian Meatball Sub Sub Bun Mixed Vegetables Coleslaw Mixed Fruit 0	Chicken Ala King Green Beans White Rice Biscuit Mandarin Oranges 0
<u>Monday</u> <u>8/10/2026</u>	<u>Tuesday</u> <u>8/11/2026</u>	<u>Wednesday</u> <u>8/12/2026</u>	<u>Thursday</u> <u>8/13/2026</u>	<u>Friday</u> <u>8/14/2026</u>
Grilled Turkey Burger Hamburger Bun Baked Beans Carrots Apple 0	Chicken Tenders (2) Coleslaw Green Beans Wedge Potatoes Pineapple 0	Cheeseburger Salad Pickles, cheese, tomatoes Thousand Island Dressing Mixed Greens Dinner Roll Banana	Vegetable Lasagna Italian Vegetables Tossed Salad Breadstick Pears 0	Chopped Steak w/ Onion & Mushroom Gravy Mashed Potatoes Broccoli Mandarin Oranges 0
<u>Monday</u> <u>8/17/2026</u>	<u>Tuesday</u> <u>8/18/2026</u>	<u>Wednesday</u> <u>8/19/2026</u>	<u>Thursday</u> <u>8/20/2026</u>	<u>Friday</u> <u>8/21/2026</u>
Beef & Bean Burrito w/ tortilla Corn Spanish Rice Apple 0	Beef Ravioli Italian Vegetables Tossed Salad Breadstick Apple Sauce 0	Chicken Fajita Strip Salad w/cheese, tomatoes Mixed Greens Tortilla Chips Banana 0	Turkey w / Gravy Mashed Potatoes Broccoli Whole Wheat Bread Mixed Fruit 0	Pulled BBQ Chicken Sandwich Hamburger Bun Potato Wedges Brussel Sprouts Mandarin Oranges 0
<u>Monday</u> <u>8/24/2026</u>	<u>Tuesday</u> <u>8/25/2026</u>	<u>Wednesday</u> <u>8/26/2026</u>	<u>Thursday</u> <u>8/27/2026</u>	<u>Friday</u> <u>8/28/2026</u>
Grilled Chicken Sandwich Hamburger Bun Baked Beans Carrots Apple 0	Baked Ziti w/ Meat Sauce Italian Vegetables Tossed Salad Breadstick Peaches	Egg Salad Plate Mixed Greens Croissant Pasta Salad Carrots Banana	Salisbury Steak Green Beans Mashed Potatoes Dinner Roll Mixed Fruit 0	Sweet & Sour Chicken Asian Vegetables Whole Grain Rice Dinner Roll Mandarin Oranges 0
<u>Monday</u> <u>8/31/2026</u>	<u>Tuesday</u> <u>9/1/2026</u>	<u>Wednesday</u> <u>9/2/2026</u>	<u>Thursday</u> <u>9/3/2026</u>	<u>Friday</u> <u>9/4/2026</u>
Hamburger w/cheese Hamburger Bun Potato Wedges Corn Apple 0	Lemon Pepper Chicken Rice Pilaf Broccoli Whole Grain Bread Pineapple 0	Taco Salad taco sauce, cheese, tomatoes Mixed Greens Tortilla Chips Banana (Frozen for 9/7)	Potato Encrusted Pollock Capri Vegetables Macaroni Salad Tartar Sauce Mixed Fruit 0	Swiss Steak Green Beans Mashed Potatoes Dinner Roll Mandarin Oranges 0

Please Call 24 Hours in Advance to Cancel Meals

810-632-2155

Menu subject to change without notice

Half pint of milk served with every meal

Cost share \$4.00/meal

**Monday 9/7
No Meals Delivered
Frozen Delivered
Wednesday 9/2**

Funding is provided by Ageways Nonprofit Senior Services and the ACLS Bureau, through the Federal Older American Act of 1965 in compliance with Title V of the Civil Rights Act of 1964