

Livingston County & Western Oakland Meals on Wheels - May 2026 Menu

Monday 5/4/2026	Tuesday 5/5/2026	Wednesday 5/6/2026	Thursday 5/7/2026	Friday 5/8/2026
Pulled BBQ Chicken Sandwich Hamburger Bun Potato Wedges Green Beans Mandarin Oranges 0	Fajitas Chicken Strips Refried Beans Cheese, Salsa, Sour Cream Soft Tortilla Shells (2) Tropical Fruit 0	Chef Salad Plate w/ham, turkey & egg Mixed Greens Pita Bread Banana 0	Beef Goulash Italian Vegetables Tossed Salad Breadstick Peaches 0	Cheese & Broccoli Quiche Sausage Links (2) Low Sodium V-8 Juice Muffin Fresh Mixed Fruit 0
Monday 5/11/2026	Tuesday 5/12/2026	Wednesday 5/13/2026	Thursday 5/14/2026	Friday 5/15/2026
Macaroni & Cheese Stewed Tomatoes Green Beans Dinner Roll Apple 0	Sloppy Joe Hamburger Bun Three Bean Salad Carrots Pineapple 0	Greek Chicken Salad w/beets, onions, olives, feta Mixed Greens Pita Bread Banana 0	Spaghetti w/ Meat Sauce Italian Vegetables Tossed Salad Breadstick Pears 0	Golden Crispy Chicken Au Gratin Potatoes Spinach Whole Grain Bread Mandarin Oranges 0
Monday 5/18/2026	Tuesday 5/19/2026	Wednesday 5/20/2026	Thursday 5/21/2026	Friday 5/22/2026
Hamburger w/cheese Hamburger Bun Potato Wedges Corn Apple 0	Chicken Parmesan Noodles Italian Vegetables Tossed Salad Peaches 0	Maurice Salad w/ham, turkey, cheese, pickles Mixed Greens Pita Bread Banana (Frozen for 5/25)	Italian Meatball Sub Sub Bun Mixed Vegetables Coleslaw Mixed Fruit 0	Chicken Ala King Green Beans White Rice Biscuit Mandarin Oranges 0
Monday 5/25/2026	Tuesday 5/26/2026	Wednesday 5/27/2026	Thursday 5/28/2026	Friday 5/29/2026
CLOSED Frozen Delivered Wednesday 5/20 0 0 0	Pepperoni Calzone Peas & Carrots Broccoli Apple 0 0	Chicken Caesar Salad Parmesan Cheese Caesar Dressing Romaine Lettuce Pita Bread Banana	Vegetable Lasagna Italian Vegetables Tossed Salad Breadstick Pears 0	Grilled Turkey Burger Hamburger Bun Baked Beans Carrots Mandarin Oranges 0
Monday 6/1/2026	Tuesday 6/2/2026	Wednesday 6/3/2026	Thursday 6/4/2026	Friday 6/5/2026
Country Fried Steak Mashed Potatoes Broccoli Whole Wheat Bread Apple 0	Baked Ziti Italian Vegetables Tossed Salad Breadstick Peaches 0	Antipasto Salad w/ham, salami, cheese, tomato croutons, italian dressing Mixed Greens Pita Bread Banana	Lemon Pepper Chicken Rice Pilaf Green Beans Coleslaw Whole Grain Bread Mixed Fruit	Meatloaf w/gravy Mashed Potatoes Peas & Carrots Dinner Roll Mandarin Oranges 0

Please Call 24 Hours in Advance to Cancel Meals

810-632-2155

Menu subject to change without notice

Half pint of milk served with every meal

Cost share \$4.00/meal

**Monday 5/25
No Meals Delivered
Frozen Delivered
Wednesday 5/20**

Funding is provided by Ageways Nonprofit Senior Services and the ACLS Bureau, through the Federal Older American Act of 1965 in compliance with Title V of the Civil Rights Act of 1964