

Livingston County & Western Oakland Meals on Wheels - January 2026 Menu

<u>Monday</u> <u>1/5/2026</u>	<u>Tuesday</u> <u>1/6/2026</u>	<u>Wednesday</u> <u>1/7/2026</u>	<u>Thursday</u> <u>1/8/2026</u>	<u>Friday</u> <u>1/9/2026</u>
Polish Sausage Hot Dog Bun Sauerkraut Potato Wedges Apple 0	Beef Tacos Cheese & Lettuce Salsa & Sour Cream Refried Beans & Corn Tortillas Pineapple 0	Chicken & Dumplings w/ Peas & Carrots Broccoli Dinner Roll Banana 0	Beef Lasagna Italian Vegetables Tossed Salad Breadstick Pears 0	Baked Cod Macaroni & Cheese Mixed Vegetables Whole Wheat Bread Mandarin Oranges 0
<u>Monday</u> <u>1/12/2026</u>	<u>Tuesday</u> <u>1/13/2026</u>	<u>Wednesday</u> <u>1/14/2026</u>	<u>Thursday</u> <u>1/15/2026</u>	<u>Friday</u> <u>1/16/2026</u>
Baked Ham Scalloped Potatoes Green Beans Dinner Roll Apple 0	Beef Stroganoff Italian Vegetables Tossed Salad Breadstick Peaches 0	Chicken & Broccoli Casserole Coleslaw Mixed Vegetables Biscuit Banana (Frozen for 1/19)	Stuffed Cabbage Mashed Potatoes Peas Whole Wheat Bread Apple Sauce 0	Pulled BBQ Chicken Sandwich Hamburger Bun Potato Wedges Brussel Sprouts Mandarin Oranges 0
<u>Monday</u> <u>1/19/2026</u>	<u>Tuesday</u> <u>1/20/2026</u>	<u>Wednesday</u> <u>1/21/2026</u>	<u>Thursday</u> <u>1/22/2026</u>	<u>Friday</u> <u>1/23/2026</u>
CLOSED Frozen Delivered Wednesday 1/14 0 0 0	Macaroni & Cheese Stewed Tomatoes Green Beans Dinner Roll Apple 0	Chicken Pot Pie Biscuit Crust Tossed Salad Mixed Vegetables Banana 0	Sloppy Joe Hamburger Bun Three Bean Salad Carrots Pineapple 0	Golden Crispy Chicken Roasted Sweet Potatoes Peas Whole Grain Bread Mandarin Oranges 0
<u>Monday</u> <u>1/26/2026</u>	<u>Tuesday</u> <u>1/27/2026</u>	<u>Wednesday</u> <u>1/28/2026</u>	<u>Thursday</u> <u>1/29/2026</u>	<u>Friday</u> <u>1/30/2026</u>
Country Fried Steak Mashed Potatoes Carrots Whole Grain Bread Apple 0	Chicken Parmesan Noodles Italian Vegetables Tossed Salad Peaches 0	Meatloaf w/gravy New Potatoes Peas & Carrots Dinner Roll Banana 0	Italian Meatball Sub Sub Bun Mixed Vegetables Coleslaw Mixed Fruit 0	Chicken Ala King Green Beans White Rice Biscuit Mandarin Oranges 0
<u>Monday</u> <u>2/2/2026</u>	<u>Tuesday</u> <u>2/3/2026</u>	<u>Wednesday</u> <u>2/4/2026</u>	<u>Thursday</u> <u>2/5/2026</u>	<u>Friday</u> <u>2/6/2026</u>
Pepperoni Calzone Peas & Carrots Broccoli Apple 0 0	Chicken Tenders (2) Coleslaw Green Beans Wedge Potatoes Pineapple 0	Copper Country Pie Mixed Vegetables Corn Bread Topping Tossed Salad Banana 0	Vegetable Lasagna Italian Vegetables Tossed Salad Breadstick Pears 0	Grilled Turkey Burger Hamburger Bun Baked Beans Carrots Mandarin Oranges 0

Please Call 24 Hours in Advance to Cancel Meals

810-632-2155

Menu subject to change without notice

Half pint of milk served with every meal

Cost share \$4.00/meal

**Monday 1/19
No Meals Delivered
Frozen Delivered
Wednesday 1/14**

Funding is provided by Ageways Nonprofit Senior Services and the ACLS Bureau, through the Federal Older American Act of 1965 in compliance with Title V of the Civil Rights Act of 1964