

Livingston County & Western Oakland Meals on Wheels -October 2025 Menu

<u>Monday</u> <u>10/6/2025</u>	<u>Tuesday</u> <u>10/7/2025</u>	<u>Wednesday</u> <u>10/8/2025</u>	<u>Thursday</u> <u>10/9/2025</u>	<u>Friday</u> <u>10/10/2025</u>
Chicken Tenders (2) Coleslaw Apple Green Beans Wedge Potatoes 0	Country Fried Steak Mashed Potatoes Broccoli Pineapple Whole Grain Bread 0	Chicken Fajita Strip Salad w/cheese, tomatoes Mixed Greens Tortilla Chips Banana 0	Vegetable Lasagna Italian Vegetables Tossed Salad Pears Breadstick 0	Grilled Turkey Burger Hamburger Bun Baked Beans Mixed Vegetable Mandarin Oranges 0
<u>Monday</u> <u>10/13/2025</u>	<u>Tuesday</u> <u>10/14/2025</u>	<u>Wednesday</u> <u>10/15/2025</u>	<u>Thursday</u> <u>10/16/2025</u>	<u>Friday</u> <u>10/17/2025</u>
CLOSED Frozen Delivered Wednesday 10/8 0 0 0	Hamburger w/cheese Hamburger Bun Potato Wedges Broccoli Mandarin Oranges 0	Chicken Caesar Salad Parmesan Cheese Caesar Dressing Romaine Lettuce Pita Bread Banana	Baked Ziti Italian Vegetables Tossed Salad Peaches Breadstick 0	Chicken Ala King Green Beans White Rice Mixed Fruit Biscuit 0
<u>Monday</u> <u>10/20/2025</u>	<u>Tuesday</u> <u>10/21/2025</u>	<u>Wednesday</u> <u>10/22/2025</u>	<u>Thursday</u> <u>10/23/2025</u>	<u>Friday</u> <u>10/24/2025</u>
Grilled Chicken Sandwich Hamburger Bun Three Bean Salad Carrots Apple 0	Cheese Ravioli Italian Vegetables Tossed Salad Breadstick Apple Sauce 0	Taco Salad taco sauce, cheese, tomatoes Mixed Greens Tortilla Chips Banana 0	Gyro w/tomato & onion Tzatziki Sauce Coleslaw Pita Bread Mandarin Oranges	Sweet & Sour Chicken Asian Vegetables Whole Grain Rice Pineapple Whole Grain Bread 0
<u>Monday</u> <u>10/27/2025</u>	<u>Tuesday</u> <u>10/28/2025</u>	<u>Wednesday</u> <u>10/29/2025</u>	<u>Thursday</u> <u>10/30/2025</u>	<u>Friday</u> <u>10/31/2025</u>
Pepperoni Calzone Italian Vegetables Broccoli Apple 0 0	Chicken & Dumplings Tossed Salad Peas & Carrots Pears Dinner Roll 0	Cheeseburger Salad Pickles, cheese, tomatoes Thousand Island Dressing Mixed Greens Dinner Roll Banana	Potato Encrusted Pollock Capri Vegetables Macaroni Salad Mixed Fruit Tartar Sauce 0	Halloweenie Hot Dog Bun Boo Baked Beans Creepy Coleslaw Mandarin Oranges Pumpkin Sugar Cookie
<u>Monday</u> <u>11/3/2025</u>	<u>Tuesday</u> <u>11/4/2025</u>	<u>Wednesday</u> <u>11/5/2025</u>	<u>Thursday</u> <u>11/6/2025</u>	<u>Friday</u> <u>11/7/2025</u>
Polish Sausage Hot Dog Bun Sauerkraut Potato Wedges Apple 0	Beef Tacos Cheese, Lettuce, Tomatoes Salsa & Sour Cream Refried Beans Tortillas Pineapple	Roast Turkey w/ Gravy Cornbread Stuffing Green Beans Mashed Potatoes Dinner Roll Pumpkin Pie	Beef Lasagna Italian Vegetables Tossed Salad Pears Breadstick 0	Pulled BBQ Chicken Sandwich Hamburger Bun Potato Salad Brussel Sprouts Mandarin Oranges 0

**Please Call 24 Hours in
Advance to Cancel Meals**

810-632-2155

**Menu subject to change
without notice**

**Half pint of milk served
with every meal**

Cost share \$4.00/meal

**Monday 10/13
No Meals Delivered
Frozen Delivered
Wednesday 10/8**

Funding is provided by Ageways Nonprofit Senior Services and the ACLS Bureau, through the Federal Older American Act of 1965 in compliance with Title V of the Civil Rights Act of 1964