

## Livingston County & Western Oakland Meals on Wheels - August 2025 Menu

| <u>Monday</u><br><u>8/4/2025</u>   | <u>Tuesday</u><br><u>8/5/2025</u>   | <u>Wednesday</u><br><u>8/6/2025</u>   | <u>Thursday</u><br><u>8/7/2025</u>   | <u>Friday</u><br><u>8/8/2025</u>  |
|--|---|---|--|---|
| Beef & Bean Burrito<br>w/ tortilla<br>Corn<br>Spanish Rice<br>Apple<br>0                       | Chicken Parmesan<br>Noodles<br>Italian Vegetables<br>Tossed Salad<br>Peaches<br>0 | Cheeseburger Salad<br>Pickles, cheese, tomatoes<br>Thousand Island Dressing<br>Mixed Greens<br>Pita Bread<br>Banana | Lemon Pepper Chicken<br>Rice Pilaf<br>Broccoli<br>Tossed Salad<br>Whole Grain Bread<br>Mixed Fruit | Italian Meatball Sub<br>Sub Bun<br>Italian Vegetables<br>Coleslaw<br>Orange<br>0                    |
| <u>Monday</u><br><u>8/11/2025</u>  | <u>Tuesday</u><br><u>8/12/2025</u>  | <u>Wednesday</u><br><u>8/13/2025</u>  | <u>Thursday</u><br><u>8/14/2025</u>  | <u>Friday</u><br><u>8/15/2025</u>   |
| Grilled Turkey Burger<br>Hamburger Bun<br>Mixed Vegetables<br>Baked Beans<br>Orange<br>0       | Chicken Tenders (2)<br>Coleslaw<br>Apple<br>Green Beans<br>Wedge Potatoes<br>0    | Tuna Salad Plate<br>cheese, cucumber, tomatoes<br>Mixed Greens<br>Croissant<br>Banana<br>0                          | Vegetable Lasagna<br>Italian Vegetables<br>Tossed Salad<br>Pears<br>Breadstick<br>0                | Sweet & Sour Chicken<br>Asian Vegetables<br>Whole Grain Rice<br>Pineapple<br>Whole Grain Bread<br>0 |
| <u>Monday</u><br><u>8/18/2025</u>  | <u>Tuesday</u><br><u>8/19/2025</u>  | <u>Wednesday</u><br><u>8/20/2025</u>  | <u>Thursday</u><br><u>8/21/2025</u>  | <u>Friday</u><br><u>8/22/2025</u>   |
| Country Fried Steak<br>Mashed Potatoes<br>Broccoli<br>Pineapple<br>Dinner Roll<br>0            | Baked Ziti<br>Italian Vegetables<br>Tossed Salad<br>Peaches<br>Breadstick<br>0    | Chicken Fajita Strip Salad<br>w/cheese, tomatoes<br>Mixed Greens<br>Tortilla Chips<br>Banana<br>0                   | Hamburger w/cheese<br>Hamburger Bun<br>Potato Salad<br>Mixed Vegetable<br>Orange<br>0              | Chicken Ala King<br>Green Beans<br>White Rice<br>Mixed Fruit<br>Biscuit<br>0                        |
| <u>Monday</u><br><u>8/25/2025</u>  | <u>Tuesday</u><br><u>8/26/2025</u>  | <u>Wednesday</u><br><u>8/27/2025</u>  | <u>Thursday</u><br><u>8/28/2025</u>  | <u>Friday</u><br><u>8/29/2025</u>   |
| Grilled Chicken Sandwich<br>Hamburger Bun<br>Three Bean Salad<br>Brussel Sprouts<br>Apple<br>0 | Cheese Ravioli<br>Italian Vegetables<br>Tossed Salad<br>Breadstick<br>Pears<br>0  | Chicken Caesar Salad<br>Parmesan Cheese<br>Caesar Dressing<br>Romaine Lettuce<br>Pita Bread<br>Banana               | Gyro<br>w/tomato & onion<br>Tzatziki Sauce<br>Coleslaw<br>Pita Bread<br>Orange                     | Hot Dog<br>Bun<br>Carrots<br>Baked Beans<br>Apple Sauce<br>0  |
| <u>Monday</u><br><u>9/1/2025</u>   | <u>Tuesday</u><br><u>9/2/2025</u>   | <u>Wednesday</u><br><u>9/3/2025</u>   | <u>Thursday</u><br><u>9/4/2025</u>   | <u>Friday</u><br><u>9/5/2025</u>  |
| CLOSED<br>Frozen Delivered<br>Wednesday 8/27<br>0<br>0<br>0                                    | Pepperoni Calzone<br>Italian Vegetables<br>Broccoli<br>Apple<br>0<br>0            | Taco Salad<br>taco sauce, cheese, tomatoes<br>Mixed Greens<br>Tortilla Chips<br>Banana<br>0                         | Swiss Steak<br>Green Beans<br>Orange<br>Mashed Potatoes<br>Whole Grain Bread<br>0                  | Potato Encrusted Pollock<br>Capri Vegetables<br>Macaroni Salad<br>Mixed Fruit<br>Tartar Sauce<br>0  |

**Please Call 24 Hours in  
Advance to Cancel Meals**

**810-632-2155**

**Menu subject to change  
without notice**

**Half pint of milk served  
with every meal**

**Cost share \$4.00/meal**

**Monday 9/1  
No Meals Delivered  
Frozen Delivered  
Wednesday 8/27**

Funding is provided by Ageways Nonprofit Senior Services and the ACLS Bureau, through the Federal Older American Act of 1965 in compliance with Title V of the Civil Rights Act of 1964