

## Livingston County & Western Oakland Meals on Wheels - July 2025 Menu

<u>Monday</u> <u>7/7/2025</u>	<u>Tuesday</u> <u>7/8/2025</u>	<u>Wednesday</u> <u>7/9/2025</u>	<u>Thursday</u> <u>7/10/2025</u>	<u>Friday</u> <u>7/11/2025</u>
Pepperoni Calzone Italian Vegetables Coleslaw Apple 0 0	Chicken Fettucini Alfredo Broccoli Tossed Salad Pears Dinner Roll 0	Antipasto Salad w/ham, salami, cheese, tomato croutons, italian dressing Mixed Greens Breadstick Banana 0	Potato Encrusted Pollock Capri Vegetables Macaroni Salad Mixed Fruit Tartar Sauce 0	Swiss Steak Broccoli Orange Mashed Potatoes Whole Grain Bread 0
<u>Monday</u> <u>7/14/2025</u>	<u>Tuesday</u> <u>7/15/2025</u>	<u>Wednesday</u> <u>7/16/2025</u>	<u>Thursday</u> <u>7/17/2025</u>	<u>Friday</u> <u>7/18/2025</u>
Polish Sausage Hot Dog Bun Sauerkraut Potato Wedges Apple 0	Beef Tacos Cheese, Lettuce, Tomatoes Salsa & Sour Cream Refried Beans Tortillas Pineapple	Chicken Salad Plate w/celery, grapes & onions Mixed Greens Pita Bread Banana 0	Beef Lasagna Italian Vegetables Tossed Salad Pears Breadstick 0	Pulled BBQ Chicken Sandwich Hamburger Bun Potato Salad Brussel Sprouts Orange 0
<u>Monday</u> <u>7/21/2025</u>	<u>Tuesday</u> <u>7/22/2025</u>	<u>Wednesday</u> <u>7/23/2025</u>	<u>Thursday</u> <u>7/24/2025</u>	<u>Friday</u> <u>7/25/2025</u>
Chicken Leg Potato Wedges Peas & Carrots Apple Dinner Roll 0	Beef Goulash Italian Vegetables Tossed Salad Peaches Breadstick 0	Chef Salad Plate w/ham, turkey & egg Mixed Greens Pita Bread Banana 0	Baked Cod Macaroni & Cheese Brussel Sprouts Orange Whole Wheat Bread 0	Sloppy Joe Hamburger Bun Three Bean Salad Carrots Apple Sauce 0
<u>Monday</u> <u>7/28/2025</u>	<u>Tuesday</u> <u>7/29/2025</u>	<u>Wednesday</u> <u>7/30/2025</u>	<u>Thursday</u> <u>7/31/2025</u>	<u>Friday</u> <u>8/1/2025</u>
Macaroni & Cheese Stewed Tomatoes Green Beans Apple Dinner Roll 0	Stuffed Cabbage Mashed Potatoes Peas Whole Wheat Bread Pineapple 0	Taco Salad taco sauce, cheese, tomatoes Mixed Greens Tortilla Chips Banana 0	Spaghetti w/ Meat Sauce Italian Vegetables Tossed Salad Breadstick Pears 0	Golden Crispy Chicken Au Gratin Potatoes Spinach Orange Whole Grain Bread 0
<u>Monday</u> <u>8/4/2025</u>	<u>Tuesday</u> <u>8/5/2025</u>	<u>Wednesday</u> <u>8/6/2025</u>	<u>Thursday</u> <u>8/7/2025</u>	<u>Friday</u> <u>8/8/2025</u>
Beef & Bean Burrito w/ tortilla Corn Spanish Rice Apple 0	Chicken Parmesan Noodles Italian Vegetables Tossed Salad Peaches 0	Cheeseburger Salad Pickles, cheese, tomatoes Thousand Island Dressing Mixed Greens Pita Bread Banana	Lemon Pepper Chicken Rice Pilaf Broccoli Tossed Salad Whole Grain Bread Mixed Fruit	Italian Meatball Sub Sub Bun Italian Vegetables Coleslaw Orange 0

**Please Call 24 Hours in  
Advance to Cancel Meals**

**810-632-2155**

**Menu subject to change  
without notice**

**Half pint of milk served  
with every meal**

**Cost share \$4.00/meal**

Funding is provided by Ageways Nonprofit Senior Services and the ACLS Bureau, through the Federal Older American Act of 1965 in compliance with Title V of the Civil Rights Act of 1964