Livingston County & Western Oakland Meals on Wheels - May 2025 Menu				
<u>Monday</u> <u>5/5/2025</u>	<u>Tuesday</u> <u>5/6/2025</u>	<u>Wednesday</u> <u>5/7/2025</u>	<u>Thursday</u> <u>5/8/2025</u>	<u>Friday</u> <u>5/9/2025</u>
Fajitas Chicken Strips	Cheese Ravioli	Taco Salad	Gyro	Cheese & Broccoli Quiche
Refried Beans	Italian Vegetables	taco sauce, cheese, tomatoes	w/tomato & onion	Sausage Links (2)
Cheese, Salsa, Sour Cream	Tossed Salad	Mixed Greens	Tzatziki Sauce	Low Sodium V-8 Juice
Tropical Fruit	Breadstick	Tortilla Chips	Coleslaw	Fresh Mixed Fruit
Soft Tortilla Shells (2)	Apple Sauce	Banana	Pita Bread	Muffin
0	0	0	Orange	0
<u>Monday</u> <u>5/12/2025</u>	<u>Tuesday</u> <u>5/13/2025</u>	<u>Wednesday</u> <u>5/14/2025</u>	<u>Thursday</u> <u>5/15/2025</u>	<u>Friday</u> <u>5/16/2025</u>
Pepperoni Calzone	Chicken Fettucini Alfredo	Cheeseburger Salad	Potato Encrusted Pollock	Swiss Steak
Italian Vegetables	Broccoli	Pickles, cheese, tomatoes	Capri Vegetables	Green Beans
Coleslaw	Tossed Salad	Thousand Island Dressing	Macaroni Salad	Orange
Apple	Pears	Mixed Greens	Mixed Fruit	Mashed Potatoes
0	Breadstick	Pita Bread	Tartar Sauce	Whole Grain Bread
0	0	Banana	0	0
<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>5/19/2025</u>	<u>5/20/2025</u>	<u>5/21/2025</u>	<u>5/22/2025</u>	<u>5/23/2025</u>
Polish Sausage	Beef Tacos	Chicken Salad Plate	Beef Lasagna	Pulled BBQ Chicken Sandwich
Hot Dog Bun	Cheese, Lettuce, Tomatoes	w/celery, grapes & onions	Italian Vegetables	Hamburger Bun
Sauerkraut	Salsa & Sour Cream	Mixed Greens	Tossed Salad	Potato Salad
Potato Wedges	Refried Beans	Pita Bread	Pears	Brussel Sprouts
Apple	Tortillas	Banana	Breadstick	Orange
0	Pineapple	0	0	0
<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>5/26/2025</u>	<u>5/27/2025</u>	<u>5/28/2025</u>	<u>5/29/2025</u>	<u>5/30/2025</u>
CLOSED	Chicken Leg	Chef Salad Plate	Sloppy Joe	Baked Cod
Frozen Delivered	Potato Wedges	w/ham, turkey & egg	Hamburger Bun	Macaroni & Cheese
Wednesday 5/21	Peas & Carrots	Mixed Greens	Three Bean Salad	Mixed Vegetable
0	Apple	Pita Bread	Carrots	Orange
0	Dinner Roll	Banana	Apple Sauce	Whole Wheat Bread
0	0	0	0	0
<u>Monday</u> 6/2/2025	<u>Tuesday</u> 6/3/2025	<u>Wednesday</u> 6/4/2025	<u>Thursday</u> 6/5/2025	<u>Friday</u> 6/6/2025
Beef & Bean Burrito	Spaghetti w/ Meat Sauce	Greek Chicken Salad	Stuffed Cabbage	Golden Crispy Chicken
w/ tortilla	Italian Vegetables	w/beets, onions, olives, feta	Mashed Potatoes	Au Gratin Potatoes
Corn	Tossed Salad	Mixed Greens	Peas	Spinach
Spanish Rice	Breadstick	Pita Bread	Whole Wheat Bread	Orange
Apple	Pears	Banana	Pineapple	Dinner Roll
0	0	0	0	0

Funding is provided by Ageways Nonprofit Senior Services and the ACLS Bureau, through the Federal Older American Act of 1965 in compliance with Title V of the Civil Rights Act of 1964

Please Call 24 Hours in Advance to Cancel Meals

810-632-2155

Menu subject to change without notice

Half pint of milk served with every meal

Cost share \$3.50/meal

Monday 5/26 No Meals Delivered Frozen Delivered Wednesday 5/21