Livingston County & Western Oakland Meals on Wheels - March 2025 Menu				
<u>Monday</u> <u>3/3/2025</u>	<u>Tuesday</u> <u>3/4/2025</u>	<u>Wednesday</u> <u>3/5/2025</u>	<u>Thursday</u> <u>3/6/2025</u>	<u>Friday</u> <u>3/7/2025</u>
Hot Dog	Stuffed Peppers	Vegetable Lasagna	Meatloaf w/gravy	Macaroni & Cheese
Bun	Mashed Potatoes	Italian Vegetables	New Potatoes	Stewed Tomatoes
Carrots	Mixed Vegetables	Tossed Salad	Peas & Carrots	Green Beans
Baked Beans	Dinner Roll	Pears	Whole Wheat Bread	Orange
Apple 0	Peaches 0	Breadstick 0	Banana 0	Dinner Roll 0
Monday	<u>Tuesday</u>	Wednesday	<u>Thursday</u>	Friday
<u>3/10/2025</u>	<u>3/11/2025</u>	<u>3/12/2025</u>	<u>3/13/2025</u>	<u>3/14/2025</u>
Grilled Chicken Sandwich	Beef Chili	Lemon Pepper Chicken	Gyro	Baked Cod
Hamburger Bun	Corn	Rice Pilaf	w/tomato & onion	Macaroni & Cheese
Three Bean Salad	Tossed Salad	Broccoli	Tzatziki Sauce	Brussel Sprouts
Carrots	Banana	Mixed Vegetables	Coleslaw	Apple Sauce
Apple	Cornbread	Whole Grain Bread	Pita Bread	Whole Wheat Bread
0	0	Mixed Fruit	Orange	0
<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>3/17/2025</u>	<u>3/18/2025</u>	<u>3/19/2025</u>	<u>3/20/2025</u>	<u>3/21/2025</u>
Shepherds Pie	Chicken Fettucini Alfredo	Swedish Meatballs	Pepperoni Calzone	Cheese Ravioli
Carrots & Cabbage	Broccoli	Rice	Green Beans	Italian Vegetables
Apple	Tossed Salad	Mixed Vegetables	Coleslaw	Tossed Salad
Rye Bread	Pears	Corn	Pineapple	Whole Grain Bread
St. Pat's Sugar Cookie	Breadstick	Banana	0	Orange
0	0	Dinner Roll	0	0
<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>3/24/2025</u>	<u>3/25/2025</u>	<u>3/26/2025</u>	<u>3/27/2025</u>	<u>3/28/2025</u>
Polish Sausage	Beef Goulash	Chicken & Dumplings	Sloppy Joe	Potato Encrusted Pollock
Hot Dog Bun	Italian Vegetables	Mixed Vegetables	Hamburger Bun	Capri Vegetables
Sauerkraut	Tossed Salad	Peas & Carrots	Three Bean Salad	Macaroni Salad
Potato Wedges	Peaches	Banana	Carrots	Mixed Fruit
Apple	Breadstick	Dinner Roll	Apple Sauce	Tartar Sauce
0	0	0	0	0
<u>Monday</u> 3/31/2025	<u>Tuesday</u> 4/1/2025	<u>Wednesday</u> 4/2/2025	<u>Thursday</u> 4/3/2025	<u>Friday</u> 4/4/2025
Chicken Leg	Beef Tacos	Chef Salad Plate	Beef Lasagna	Tuna Salad Sandwich
Potato Wedges	Cheese, Lettuce, Tomatoes	w/ham, turkey & egg	Italian Vegetables	w/ Lettuce
Peas & Carrots	Salsa & Sour Cream	Mixed Greens	Tossed Salad	Croissant
Apple	Refried Beans	Pita Bread	Pears	Pasta Salad
Dinner Roll	Tortillas	Banana	Breadstick	Carrot Sticks
0	Pineapple	0	0	Orange

Funding is provided by Ageways Nonprofit Senior Services and the ACLS Bureau, through the Federal Older American Act of 1965 in compliance with Title V of the Civil Rights Act of 1964

Please Call 24 Hours in Advance to Cancel Meals

810-632-2155

Menu subject to change without notice

Half pint of milk served with every meal

Cost share \$3.50/meal

\*\*Easter Day RSVP\*\*
For Home Delivered Meals
on Wheels Recipients
If you would like a
meal delivered on
Easter Sunday
April 20, 2025
between 10am-12pm
Please call the office
and reserve by
Friday, April 11th