

Livingston County & Western Oakland Meals on Wheels - January 2025 Menu

<u>Monday</u> <u>1/6/2025</u>	<u>Tuesday</u> <u>1/7/2025</u>	<u>Wednesday</u> <u>1/8/2025</u>	<u>Thursday</u> <u>1/9/2025</u>	<u>Friday</u> <u>1/10/2025</u>
Hot Dog Bun Carrots Baked Beans Apple 0	Baked Ziti Italian Vegetables Tossed Salad Peaches Breadstick 0	Sweet & Sour Chicken Asian Vegetables Whole Grain Rice Pineapple Whole Grain Bread 0	Hamburger w/cheese Hamburger Bun Potato Salad Broccoli Orange 0	Beef Chili Corn Tossed Salad Banana Cornbread 0
<u>Monday</u> <u>1/13/2025</u> Grilled Chicken Sandwich Hamburger Bun Three Bean Salad Carrots Apple 0	<u>Tuesday</u> <u>1/14/2025</u> Cheese Ravioli Italian Vegetables Tossed Salad Breadstick Apple Sauce 0	<u>Wednesday</u> <u>1/15/2025</u> Gyro w/tomato & onion Tzatziki Sauce Coleslaw Pita Bread Orange	<u>Thursday</u> <u>1/16/2025</u> Lemon Pepper Chicken Rice Pilaf Broccoli Tossed Salad Whole Grain Bread Mixed Fruit	<u>Friday</u> <u>1/17/2025</u> Stuffed Peppers Mashed Potatoes Mixed Vegetables Dinner Roll Banana 0
<u>Monday</u> <u>1/20/2025</u> CLOSED Frozen Delivered Wednesday 1/15 0 0 0	<u>Tuesday</u> <u>1/21/2025</u> Pepperoni Calzone Italian Vegetables Apple 0 0 0	<u>Wednesday</u> <u>1/22/2025</u> Swedish Meatballs Rice Mixed Vegetables Corn Banana Dinner Roll	<u>Thursday</u> <u>1/23/2025</u> Chicken Fettucini Alfredo Broccoli Tossed Salad Pears Breadstick 0	<u>Friday</u> <u>1/24/2025</u> Swiss Steak Broccoli Orange Mashed Potatoes Whole Grain Bread 0
<u>Monday</u> <u>1/27/2025</u> Polish Sausage Hot Dog Bun Sauerkraut Potato Wedges Apple 0	<u>Tuesday</u> <u>1/28/2025</u> Beef Tacos Cheese, Lettuce, Tomatoes Salsa & Sour Cream Refried Beans Tortillas Pineapple	<u>Wednesday</u> <u>1/29/2025</u> Chicken & Dumplings Coleslaw Peas & Carrots Banana Dinner Roll 0	<u>Thursday</u> <u>1/30/2025</u> Beef Lasagna Italian Vegetables Tossed Salad Pears Breadstick 0	<u>Friday</u> <u>1/31/2025</u> Pulled BBQ Chicken Sandwich Hamburger Bun Potato Salad Brussel Sprouts Orange 0
<u>Monday</u> <u>2/3/2025</u> Sloppy Joe Hamburger Bun Three Bean Salad Carrots Apple Sauce 0	<u>Tuesday</u> <u>2/4/2025</u> Chicken & Broccoli Casserole Coleslaw Carrots Banana Biscuit 0	<u>Wednesday</u> <u>2/5/2025</u> Beef Goulash Italian Vegetables Tossed Salad Peaches Breadstick 0	<u>Thursday</u> <u>2/6/2025</u> Chicken Leg Potato Wedges Peas & Carrots Apple Dinner Roll 0	<u>Friday</u> <u>2/7/2025</u> Baked Cod Macaroni & Cheese Brussel Sprouts Orange Whole Wheat Bread 0

PLEASE CALL 24 HOURS IN

ADVANCE TO CANCEL MEALS

810-632-2155

MENU SUBJECT TO CHANGE

WITHOUT NOTICE

HALF PINT OF MILK

SERVED WITH EVERY MEAL

COST SHARE \$3.50/MEAL

MONDAY 1/20

NO MEALS DELIVERED

FROZEN DELIVERED

WEDNESDAY 1/15

Our site is funded in whole or in part by the Federal Older American's Act and the AASA through the Area Agency on Aging 1-8. We comply with the terms and regulations of the Title V of the Civil Rights Act of 1964 as amended and Section 504 of the Social Rehabilitation Act of 1973 and is an Equal Opportunity Employer. Reasonable accommodation will be provided upon request.