

Livingston County & Western Oakland Meals on Wheels - September 2024 Menu

Monday 9/2/2024	Tuesday 9/3/2024	Wednesday 9/4/2024	Thursday 9/5/2024	Friday 9/6/2024
CLOSED Frozen Delivered Wednesday 8/28 0 0 0	Beef & Bean Burrito w/ tortilla Corn Spanish Rice Apple Sauce 0	Taco Salad taco sauce, cheese, tomatoes Mixed Greens Tortilla Chips Banana 0	Chicken Parmesan Noodles Italian Vegetables Tossed Salad Pineapple 0	Country Fried Steak Mashed Potatoes Broccoli Orange Whole Grain Bread 0
<u>Monday</u> 9/9/2024 Macaroni & Cheese Stewed Tomatoes Green Beans Apple Breadstick 0	<u>Tuesday</u> 9/10/2024 Copper Country Pie Mixed Vegetables Corn Bread Topping Tossed Salad Peaches 0	<u>Wednesday</u> 9/11/2024 Maurice Salad w/ham, turkey, cheese, pickles Mixed Greens Pita Bread Banana 0	<u>Thursday</u> 9/12/2024 Spaghetti w/ Meat Sauce Italian Vegetables Tossed Salad Breadstick Pears 0	<u>Friday</u> 9/13/2024 Chicken Chili Corn Three Bean Salad Orange Oyster Crackers 0
<u>Monday</u> 9/16/2024 Grilled Turkey Burger Hamburger Bun Baked Beans Coleslaw Apple Sauce 0	<u>Tuesday</u> 9/17/2024 Chicken Fettucini Alfredo Broccoli Tossed Salad Mixed Fruit Breadstick 0	<u>Wednesday</u> 9/18/2024 Chef Salad Plate w/ham, turkey & egg Mixed Greens Pita Bread Banana 0	<u>Thursday</u> 9/19/2024 Stuffed Steak Mashed Potatoes Mixed Vegetables Pineapple Whole Wheat Bread 0	<u>Friday</u> 9/20/2024 Chicken Ala King Green Beans White Rice Orange Biscuit 0
<u>Monday</u> 9/23/2024 Pulled BBQ Chicken Sandwich Hamburger Bun Potato Salad Brussel Sprouts Apple 0	<u>Tuesday</u> 9/24/2024 Hot Dog Bun Coleslaw Baked Beans Peaches 0	<u>Wednesday</u> 9/25/2024 Chicken Fajita Strip Salad w/cheese, tomatoes Mixed Greens Tortilla Chips Banana 0	<u>Thursday</u> 9/26/2024 Cheese Ravioli Italian Vegetables Tossed Salad Breastick Apple Sauce 0	<u>Friday</u> 9/27/2024 Stuffed Peppers Mashed Potatoes Mixed Vegetables Dinner Roll Orange 0
<u>Monday</u> 9/30/2024 Chicken Leg Potato Wedges Peas & Carrots Apple Dinner Roll 0	<u>Tuesday</u> 10/1/2024 Italian Meatball Sub Sub Bun Italian Vegetables Coleslaw Pears 0	<u>Wednesday</u> 10/2/2024 Tuna Salad Plate cheese, cucumber, tomatoes Mixed Greens Pita Bread Banana 0	<u>Thursday</u> 10/3/2024 Lemon Pepper Chicken Rice Pilaf Broccoli Tossed Salad Whole Grain Bread Mixed Fruit	<u>Friday</u> 10/4/2024 Beef Stew Mixed Vegetables Three Bean Salad Orange Biscuit 0

PLEASE CALL 24 HOURS IN

ADVANCE TO CANCEL MEALS

810-632-2155

MENU SUBJECT TO CHANGE

WITHOUT NOTICE

HALF PINT OF MILK

SERVED WITH EVERY MEAL

COST SHARE \$3.50/MEAL

MONDAY 9/2

NO MEALS DELIVERED

FROZEN DELIVERED

WEDNESDAY 8/28

Our site is funded in whole or in part by the Federal Older American's Act and the AASA through the Area Agency on Aging 1-8. We comply with the terms and regulations of the Title V of the Civil Rights Act of 1964 as amended and Section 504 of the Social Rehabilitation Act of 1973 and is an Equal Opportunity Employer. Reasonable accommodation will be provided upon request.