

Livingston County & Western Oakland Meals on Wheels - August 2024 Menu

<u>Monday</u> 8/5/2024	<u>Tuesday</u> 8/6/2024	<u>Wednesday</u> 8/7/2024	<u>Thursday</u> 8/8/2024	<u>Friday</u> 8/9/2024
Chicken Tenders (2) Cole Slaw Apple Sauce Green Beans Wedge Potatoes 0	Ground Beef Stroganoff Noodles Broccoli Tossed Salad Pears Whole Grain Bread	Chicken Fajita Strip Salad w/cheese, tomatoes Mixed Greens Tortilla Chips Banana 0	Hamburger w/cheese Hamburger Bun Potato Salad Carrots Peaches 0	Baked Cod Macaroni & Cheese Brussel Sprouts Orange Dinner Roll 0
<u>Monday</u> 8/12/2024 Golden Crispy Chicken Mashed Sweet Potatoes Spinach Apple Whole Grain Bread 0	<u>Tuesday</u> 8/13/2024 Beef Tacos Cheese, Lettuce, Tomatoes Salsa & Sour Cream Refried Beans Tortillas Pineapple	<u>Wednesday</u> 8/14/2024 Tuna Salad Plate cheese, cucumber, tomatoes Mixed Greens Pita Bread Banana 0	<u>Thursday</u> 8/15/2024 Vegetable Lasagna Italian Vegetables Tossed Salad Apple Sauce Breadstick 0	<u>Friday</u> 8/16/2024 Beef Chili Corn Tossed Salad Orange Cornbread 0
<u>Monday</u> 8/19/2024 Grilled Chicken Sandwich Hamburger Bun Potato Salad Carrots Apple Sauce 0	<u>Tuesday</u> 8/20/2024 Swedish Meatballs Rice Mixed Vegetables Corn Peaches Dinner Roll	<u>Wednesday</u> 8/21/2024 Greek Chicken Salad w/beets, onions, olives, feta Mixed Greens Pita Bread Banana 0	<u>Thursday</u> 8/22/2024 Beef Lasagna Italian Vegetables Tossed Salad Pears Breadstick 0	<u>Friday</u> 8/23/2024 Sweet & Sour Chicken Asian Vegetables Whole Grain Rice Orange Whole Grain Bread 0
<u>Monday</u> 8/26/2024 Sloppy Joe Hamburger Bun Three Bean Salad Carrots Apple 0	<u>Tuesday</u> 8/27/2024 Chicken & Dumplings Tossed Salad Broccoli Mixed Fruit Dinner Roll 0	<u>Wednesday</u> 8/28/2024 Chicken Salad Plate w/celery, grapes & onions Mixed Greens Pita Bread Banana 0	<u>Thursday</u> 8/29/2024 Pepperoni Calzone Italian Vegetables Tossed Salad Apple Sauce 0	<u>Friday</u> 8/30/2024 Meatloaf w/gravy New Potatoes Peas & Carrots Whole Grain Bread Orange 0
<u>Monday</u> 9/2/2024 CLOSED	<u>Tuesday</u> 9/3/2024 Beef & Bean Burrito w/ tortilla Corn Spanish Rice Apple Sauce 0	<u>Wednesday</u> 9/4/2024 Taco Salad taco sauce, cheese, tomatoes Mixed Greens Tortilla Chips Banana 0	<u>Thursday</u> 9/5/2024 Chicken Parmesan Noodles Italian Vegetables Tossed Salad Pineapple 0	<u>Friday</u> 9/6/2024 Country Fried Steak Mashed Potatoes Broccoli Orange Whole Grain Bread 0
<u>Wednesday</u> 8/28 Frozen Delivered 0				

PLEASE CALL 24 HOURS IN

ADVANCE TO CANCEL MEALS

810-632-2155

MENU SUBJECT TO CHANGE

WITHOUT NOTICE

HALF PINT OF MILK

SERVED WITH EVERY MEAL

COST SHARE \$3.50/MEAL

MONDAY 9/2

NO MEALS DELIVERED

FROZEN DELIVERED

WEDNESDAY 8/28

Our site is funded in whole or in part by the Federal Older American's Act and the AASA through the Area Agency on Aging 1-8. We comply with the terms and regulations of the Title V of the Civil Rights Act of 1964 as amended and Section 504 of the Social Rehabilitation Act of 1973 and is an Equal Opportunity Employer. Reasonable accommodation will be provided upon request.