

## Livingston County & Western Oakland Meals on Wheels - July 2024 Menu

<u>Monday</u> 7/1/2024	<u>Tuesday</u> 7/2/2024	<u>Wednesday</u> 7/3/2024	<u>Thursday</u> 7/4/2024	<u>Friday</u> 7/5/2024
Chicken Ala King Green Beans White Rice Mixed Fruit Biscuit 0	Hot Dog Bun Lays Potato Chips Baked Beans Cole Slaw Apple Pie 0	Greek Chicken Salad w/beets, onions, olives, feta Mixed Greens Pita Bread Banana 0	CLOSED Frozen Delivered Thursday 6/27 0 0 0	CLOSED Frozen Delivered Monday 7/1 Weekend Frozen Delivered Wednesday 7/3 0
<u>Monday</u> 7/8/2024	<u>Tuesday</u> 7/9/2024	<u>Wednesday</u> 7/10/2024	<u>Thursday</u> 7/11/2024	<u>Friday</u> 7/12/2024
Chicken Leg Potato Wedges Peas & Carrots Apple Dinner Roll 0	Cheese Ravioli Italian Vegetables Tossed Salad Breastick Apple Sauce 0	Taco Salad taco sauce, cheese, tomatoes Mixed Greens Tortilla Chips Banana 0	Chicken Chili Corn Tossed Salad Pears Oyster Crackers 0	Stuffed Peppers Mashed Potatoes Mixed Vegetables Dinner Roll Orange 0
<u>Monday</u> 7/15/2024	<u>Tuesday</u> 7/16/2024	<u>Wednesday</u> 7/17/2024	<u>Thursday</u> 7/18/2024	<u>Friday</u> 7/19/2024
Macaroni & Cheese Stewed Tomatoes Green Beans Apple Sauce Breadstick 0	Copper Country Pie Mixed Vegetables Corn Bread Topping Tossed Salad Pineapple 0	Chicken Salad Plate w/celery, grapes & onions Mixed Greens Pita Bread Banana 0	Baked Ziti Italian Vegetables Tossed Salad Peaches Dinner Roll 0	Grilled Turkey Burger Hamburger Bun Baked Beans Coleslaw Orange 0
<u>Monday</u> 7/22/2024	<u>Tuesday</u> 7/23/2024	<u>Wednesday</u> 7/24/2024	<u>Thursday</u> 7/25/2024	<u>Friday</u> 7/26/2024
Potato Encrusted Pollock Capri Vegetables Macaroni Salad Apple Tartar Sauce 0	Stuffed Cabbage Mashed Potatoes Peas Whole Wheat Bread Pears 0	Chef Salad Plate w/ham, turkey & egg Mixed Greens Pita Bread Banana 0	Pulled BBQ Chicken Sandwich Hamburger Bun Potato Salad Brussel Sprouts Apple Sauce 0	Gyro w/tomato & onion Tzatziki Sauce Coleslaw Pita Bread Orange
<u>Monday</u> 7/29/2024	<u>Tuesday</u> 7/30/2024	<u>Wednesday</u> 7/31/2024	<u>Thursday</u> 8/1/2024	<u>Friday</u> 8/2/2024
Polish Sausage Hot Dog Bun Sauerkraut Potato Wedges Apple Sauce 0	Lemon Pepper Chicken Rice Pilaf Broccoli Tossed Salad Whole Grain Bread Mixed Fruit	Maurice Salad w/ham, turkey, cheese, pickles Mixed Greens Pita Bread Banana 0	Chicken & Broccoli Casserole Coleslaw Carrots Peaches Biscuit 0	Swiss Steak Mixed Vegetables Mashed Potatoes Dinner Roll Orange 0

PLEASE CALL 24 HOURS IN

ADVANCE TO CANCEL MEALS

810-632-2155

MENU SUBJECT TO CHANGE

WITHOUT NOTICE

HALF PINT OF MILK

SERVED WITH EVERY MEAL

COST SHARE \$3.50/MEAL

THURSDAY 7/4

NO MEALS DELIVERED

FROZEN DELIVERED

THURSDAY 6/27

FRIDAY 7/5

NO MEALS DELIVERED

FROZEN DELIVERED

MONDAY 7/1

WEEKEND FROZENS

DELIVERED

WEDNESDAY 7/3