

Livingston County & Western Oakland Meals on Wheels - May 2024 Menu

<u>Monday</u> 5/6/2024	<u>Tuesday</u> 5/7/2024	<u>Wednesday</u> 5/8/2024	<u>Thursday</u> 5/9/2024	<u>Friday</u> 5/10/2024
Macaroni & Cheese Stewed Tomatoes Green Beans Breadstick Apple 0	Meatloaf w/gravy New Potatoes Peas & Carrots Whole Grain Bread Pineapple 0	Chicken Fajita Strip Salad w/cheese, tomatoes Mixed Greens Tortilla Chips Banana 0	Beef & Bean Burrito w/ tortilla Corn Spanish Rice Peaches 0	Cheese & Broccoli Quiche Sausage Links (2) Low Sodium V-8 Juice Fresh Mixed Fruit Muffin 0
<u>Monday</u> 5/13/2024	<u>Tuesday</u> 5/14/2024	<u>Wednesday</u> 5/15/2024	<u>Thursday</u> 5/16/2024	<u>Friday</u> 5/17/2024
Chicken Leg Potato Wedges Peas & Carrots Dinner Roll Apple 0	Baked Ziti Italian Vegetables Tossed Salad Breadstick Pears 0	Tuna Salad Plate cheese, cucumber, tomatoes Mixed Greens Pita Bread Banana 0	Stuffed Peppers Mashed Potatoes Mixed Vegetables Whole Grain Bread Apple Sauce 0	Chicken Chili Corn Tossed Salad Oyster Crackers Orange 0
<u>Monday</u> 5/20/2024	<u>Tuesday</u> 5/21/2024	<u>Wednesday</u> 5/22/2024	<u>Thursday</u> 5/23/2024	<u>Friday</u> 5/24/2024
Polish Sausage Hot Dog Bun Sauerkraut Potato Wedges Apple 0	Chicken & Broccoli Casserole Coleslaw Carrots Biscuit Pineapple 0	Taco Salad taco sauce, cheese, tomatoes Mixed Greens Tortilla Chips Banana 0	Lemon Pepper Chicken Rice Pilaf Mixed Vegetables Whole Grain Bread Peaches 0	Hamburger w/cheese Hamburger Bun Potato Salad Broccoli Orange 0
<u>Monday</u> 5/27/2024	<u>Tuesday</u> 5/28/2024	<u>Wednesday</u> 5/29/2024	<u>Thursday</u> 5/30/2024	<u>Friday</u> 5/31/2024
CLOSED Frozen Delivered Wednesday 5/22 0 0 0	Grilled Turkey Burger Hamburger Bun Carrots Potato Wedges Apple 0	Chicken Salad Plate w/celery, grapes & onions Mixed Greens Pita Bread Banana 0	Vegetable Lasagna Italian Vegetables Tossed Salad Dinner Roll Apple Sauce 0	Beef Stew Mixed Vegetables Coleslaw Biscuit Orange 0
<u>Monday</u> 6/3/2024	<u>Tuesday</u> 6/4/2024	<u>Wednesday</u> 6/5/2024	<u>Thursday</u> 6/6/2024	<u>Friday</u> 6/7/2024
Grilled Chicken Sandwich Hamburger Bun Potato Salad Carrots Apple 0	Ground Beef Stroganoff Noodles Broccoli Tossed Salad Dinner Roll Pears 0	Chef Salad Plate w/ham & turkey Mixed Greens Pita Bread Banana 0	Swiss Steak Mixed Vegetables Mashed Potatoes Whole Grain Bread Peaches 0	Baked Cod Macaroni & Cheese Brussel Sprouts Breadstick Orange 0

**PLEASE CALL 24 HOURS IN
ADVANCE TO CANCEL MEALS**
810-632-2155

**MENU SUBJECT TO CHANGE
WITHOUT NOTICE**

**HALF PINT OF MILK
SERVED WITH EVERY MEAL**

COST SHARE \$3.50/MEAL

**MONDAY 5/27/24
NO MEALS DELIVERED
FROZEN DELIVERED
WEDNESDAY 5/22/24**