

Livingston County & Western Oakland Meals on Wheels - March 2024 Menu

Monday 3/4/2024	Tuesday 3/5/2024	Wednesday 3/6/2024	Thursday 3/7/2024	Friday 3/8/2024
Beef & Bean Burrito w/ tortilla Corn Spanish Rice Apple 0	Chicken Chili Green Beans Blended Vegetables Pears Oyster Crackers 0	Meatloaf w/gravy New Potatoes Peas & Carrots Whole Grain Bread Banana 0	Chicken Parmesan Noodles Italian Vegetables Peaches 0	Vegetable Lasagna Mixed Vegetables Orange Breadstick 0
Monday 3/11/2024	Tuesday 3/12/2024	Wednesday 3/13/2024	Thursday 3/14/2024	Friday 3/15/2024
Chicken Leg Potato Wedges Peas & Carrots Apple Dinner Roll 0	Stuffed Peppers Mashed Potatoes Mixed Vegetables Whole Wheat Bread Pineapple 0	Lemon Pepper Chicken Rice Pilaf Broccoli Banana Dinner Roll 0	Swiss Steak Green Beans Apple Sauce Mashed Potatoes Whole Grain Bread 0	Baked Cod Macaroni & Cheese Brussel Sprouts Orange 0
Monday 3/18/2024	Tuesday 3/19/2024	Wednesday 3/20/2024	Thursday 3/21/2024	Friday 3/22/2024
Corned Beef Carrots & Cabbage Whole Potatoes Apple Rye Bread 0	Grilled Chicken Sandwich Hamburger Bun Coleslaw Carrots Banana 0	Baked Ham Mashed Sweet Potatoes Green Beans Dinner Roll Pineapple Easter Sugar Cookie	Italian Meatball Sub Sub Bun Italian Vegetables Coleslaw Peaches 0	Macaroni & Cheese Stewed Tomatoes Broccoli Orange Breadstick 0
Monday 3/25/2024	Tuesday 3/26/2024	Wednesday 3/27/2024	Thursday 3/28/2024	Friday 3/29/2024
Grilled Turkey Burger Hamburger Bun Baked Beans Potato Wedges Apple 0	Ground Beef Stroganoff Noodles Broccoli Tossed Salad Pineapple Dinner Roll 0	Chicken & Broccoli Casserole Coleslaw Carrots Banana Biscuit 0	Country Fried Steak Mashed Potatoes Mixed Vegetables Apple Sauce Whole Grain Bread 0	CLOSED Frozen Delivered Monday 3/25 Weekend Frozen Delivered Wednesday 3/27
Monday 4/1/2024	Tuesday 4/2/2024	Wednesday 4/3/2024	Thursday 4/4/2024	Friday 4/5/2024
Chicken Tenders (2) Cole Slaw Apple Green Beans Wedge Potatoes 0	Beef Tacos Cheese, Lettuce, Tomatoes Salsa & Sour Cream Refried Beans Tortillas Pears	Pulled BBQ Chicken Sandwich Hamburger Bun Potato Salad Carrots Banana 0	Stuffed Cabbage Mashed Potatoes Peas Whole Wheat Bread Peaches 0	Gyro w/tomato & onion Tzatziki Sauce Coleslaw Pita Bread Orange

PLEASE CALL 24 HOURS IN
ADVANCE TO CANCEL MEALS
810-632-2155

MENU SUBJECT TO CHANGE
WITHOUT NOTICE

HALF PINT OF MILK
SERVED WITH EVERY MEAL

COST SHARE \$3.50/MEAL

FRIDAY 3/29/24

NO MEALS DELIVERED
FROZEN DELIVERED

MONDAY 3/25/24
WEEKEND FROZEN
DELIVERED

WEDNESDAY 3/27/24

Our site is funded in whole or in part by the Federal Older American's Act and the AASA through the Area Agency on Aging 1-B. We comply with the terms and regulations of the Title V of the Civil Rights Act of 1964 as amended and Section 504 of the Social Rehabilitation Act of 1973 and is an Equal Opportunity Employer. Reasonable accommodation will be provided upon request.