

Livingston County & Western Oakland Meals on Wheels - January 2024 Menu

Updated 1-17-24

Monday 1/1/2024	Tuesday 1/2/2024	Wednesday 1/3/2024	Thursday 1/4/2024	Friday 1/5/2024
CLOSED Frozen Delivered Wednesday 12/27 0 0 0	Beef & Bean Burrito w/ tortilla Corn Spanish Rice Apple 0	Chicken Leg Potato Wedges Peas & Carrots Peaches Dinner Roll 0	Beef Lasagna Italian Vegetables Tossed Salad Banana Breadstick 0	Beef Stew Mixed Vegetables Tossed Salad Orange Biscuit 0
<u>Monday</u> <u>1/8/2024</u>	<u>Tuesday</u> <u>1/9/2024</u>	<u>Wednesday</u> <u>1/10/2024</u>	<u>Thursday</u> <u>1/11/2024</u>	<u>Friday</u> <u>1/12/2024</u>
Grilled Turkey Burger Hamburger Bun Baked Beans Coleslaw Apple 0	Beef Tacos Cheese, Lettuce, Tomatoes Salsa & Sour Cream Refried Beans Tortillas Pineapple 0	Cheese Ravioli Italian Vegetables Tossed Salad Breadstick Banana 0	Chicken & Broccoli Casserole Coleslaw Carrots Pears Biscuit 0	Stuffed Peppers Mashed Potatoes Mixed Vegetables Dinner Roll Orange 0
<u>Monday</u> <u>1/15/2024</u>	<u>Tuesday</u> <u>1/16/2024</u>	<u>Wednesday</u> <u>1/17/2024</u>	<u>Thursday</u> <u>1/18/2024</u>	<u>Friday</u> <u>1/19/2024</u>
CLOSED Frozen Delivered Wednesday 1/10 0 0 0	CLOSED Due to Weather **Please see Menu Changes** 0 0 0	CLOSED Due to Weather **Please see Menu Changes** 0 0 0	Macaroni & Cheese Stewed Tomatoes Green Beans Apple Breadstick 0	Lemon Pepper Chicken Rice Pilaf Broccoli Tossed Salad Whole Grain Bread Pineapple 0
<u>Monday</u> <u>1/22/2024</u>	<u>Tuesday</u> <u>1/23/2024</u>	<u>Wednesday</u> <u>1/24/2024</u>	<u>Thursday</u> <u>1/25/2024</u>	<u>Friday</u> <u>1/26/2024</u>
Italian Meatball Sub Sub Bun Italian Vegetables Cole Slaw Orange 0	Grilled Chicken Sandwich Hamburger Bun Potato Wedges Carrots Apple 0	Sweet Potato Encrusted Pollock Capri Vegetables Macaroni Salad Banana Tartar Sauce 0	Ground Beef Stroganoff Noodles Broccoli Tossed Salad Apple Sauce Dinner Roll 0	Gyro w/tomato & onion Tzatziki Sauce Coleslaw Pita Bread Orange 0
<u>Monday</u> <u>1/29/2024</u>	<u>Tuesday</u> <u>1/30/2024</u>	<u>Wednesday</u> <u>1/31/2024</u>	<u>Thursday</u> <u>2/1/2024</u>	<u>Friday</u> <u>2/2/2024</u>
Polish Sausage Hot Dog Bun Sauerkraut Potato Wedges Apple 0	Chicken Tenders (2) Cole Slaw Pears Mixed Vegetables Wedge Potatoes 0	Baked Ziti Italian Vegetables Tossed Salad Banana Breadstick 0	Meatloaf w/gravy New Potatoes Green Beans Whole Grain Bread Apple Sauce 0	Beef Chili Corn Tossed Salad Orange Cornbread 0

PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS

810-632-2155

MENU SUBJECT TO CHANGE WITHOUT NOTICE

HALF PINT OF MILK

SERVED WITH EVERY MEAL

COST SHARE \$3.50/MEAL

MONDAY 1/1/24

NO MEALS DELIVERED FROZEN DELIVERED

WEDNESDAY 12/27/23

MONDAY 1/15/24

NO MEALS DELIVERED FROZEN DELIVERED

WEDNESDAY 1/10/24

Our site is funded in whole or in part by the Federal Older American's Act and the AASA through the Areag Agency on Aging 1-B. We comply with the terms and regulations of the Title V of the Civil Rights Act of 1964 as amended and Section 504 of the Social Rehabilitation Act of 1973 and is an Equal Opportunity Employer. Reasonable accommodation will be provided upon request.