

Livingston County & Western Oakland Meals on Wheels - January 2024 Menu

Monday 1/1/2024	Tuesday 1/2/2024	Wednesday 1/3/2024	Thursday 1/4/2024	Friday 1/5/2024
CLOSED Frozen Delivered Wednesday 12/27 0 0 0	Beef & Bean Burrito w/ tortilla Corn Spanish Rice Apple 0	Chicken Leg Potato Wedges Peas & Carrots Peaches Dinner Roll 0	Beef Lasagna Italian Vegetables Tossed Salad Banana Breadstick 0	Beef Stew Mixed Vegetables Tossed Salad Orange Biscuit 0
Monday 1/8/2024	Tuesday 1/9/2024	Wednesday 1/10/2024	Thursday 1/11/2024	Friday 1/12/2024
Grilled Turkey Burger Hamburger Bun Baked Beans Colelaw Apple 0	Beef Tacos Cheese, Lettuce, Tomatoes Salsa & Sour Cream Refried Beans Tortillas Pineapple 0	Cheese Ravioli Italian Vegetables Tossed Salad Breadstick Banana 0	Chicken & Broccoli Casserole Colelaw Carrots Pears Biscuit 0	Stuffed Peppers Mashed Potatoes Mixed Vegetables Dinner Roll Orange 0
Monday 1/15/2024	Tuesday 1/16/2024	Wednesday 1/17/2024	Thursday 1/18/2024	Friday 1/19/2024
CLOSED Frozen Delivered Wednesday 1/10 0 0 0	Macaroni & Cheese Stewed Tomatoes Green Beans Apple Breadstick 0	Copper Country Pie Mixed Vegetables Corn Bread Topping Tossed Salad Banana 0	Lemon Pepper Chicken Rice Pilaf Broccoli Tossed Salad Whole Grain Bread Pineapple 0	Italian Meatball Sub Sub Bun Italian Vegetables Cole Slaw Orange 0
Monday 1/22/2024	Tuesday 1/23/2024	Wednesday 1/24/2024	Thursday 1/25/2024	Friday 1/26/2024
Grilled Chicken Sandwich Hamburger Bun Potato Wedges Carrots Apple 0	Country Fried Steak Mashed Potatoes Green Beans Peaches Whole Grain Bread 0	Sweet Potato Encrusted Pollock Capri Vegetables Macaroni Salad Banana Tartar Sauce	Ground Beef Stroganoff Noodles Broccoli Tossed Salad Apple Sauce Dinner Roll	Gyro w/tomato & onion Tzatziki Sauce Colelaw Pita Bread Orange
Monday 1/29/2024	Tuesday 1/30/2024	Wednesday 1/31/2024	Thursday 2/1/2024	Friday 2/2/2024
Polish Sausage Hot Dog Bun Sauerkraut Potato Wedges Apple 0	Chicken Tenders (2) Cole Slaw Pears Mixed Vegetables Wedge Potatoes 0	Baked Ziti Italian Vegetables Tossed Salad Banana Breadstick 0	Meatloaf w/gravy New Potatoes Green Beans Whole Grain Bread Apple Sauce 0	Beef Chili Corn Tossed Salad Orange Cornbread 0

PLEASE CALL 24 HOURS IN
 ADVANCE TO CANCEL MEALS
 810-632-2155

MENU SUBJECT TO CHANGE
 WITHOUT NOTICE

HALF PINT OF MILK
 SERVED WITH EVERY MEAL

COST SHARE \$3.50/MEAL

MONDAY 1/1/24
 NO MEALS DELIVERED
 FROZEN DELIVERED
 WEDNESDAY 12/27/23

MONDAY 1/15/24
 NO MEALS DELIVERED
 FROZEN DELIVERED
 WEDNESDAY 1/10/24