

Livingston County & Western Oakland Meals on Wheels - June 2023 Menu

<u>Monday</u> 6/5/2023	<u>Tuesday</u> 6/6/2023	<u>Wednesday</u> 6/7/2023	<u>Thursday</u> 6/8/2023	<u>Friday</u> 6/9/2023
Pulled BBQ Chicken Sandwich Hamburger Bun Potato Salad Brussel Sprouts Apple 0	Copper Country Pie Mixed Vegetables Corn Bread Topping Tossed Salad Pineapple 0	Chef Salad Plate w/ham, turkey, cheese, Hard Boiled Egg Mixed Greens Pita Bread Banana	Country Fried Steak Mashed Potatoes Carrots Pears Dinner Roll 0	Lemon Pepper Chicken Rice Pilaf Broccoli Tossed Salad Whole Grain Bread Orange
<u>Monday</u> 6/12/2023	<u>Tuesday</u> 6/13/2023	<u>Wednesday</u> 6/14/2023	<u>Thursday</u> 6/15/2023	<u>Friday</u> 6/16/2023
Sweet Potato Encrusted Pollock Capri Vegetables Macaroni Salad Apple Tartar Sauce 0	Stuffed Cabbage Mashed Potatoes Peas Whole Wheat Bread Pineapple 0	Maurice Salad w/ham, turkey, cheese, pickles Mixed Greens Pita Bread Banana 0	Chicken Leg Potato Wedges Peas & Carrots Apple Sauce Dinner Roll 0	Roast Beef w/ Gravy Mashed Potatoes Green Beans Dinner Roll Orange Dessert
<u>Monday</u> 6/19/2023	<u>Tuesday</u> 6/20/2023	<u>Wednesday</u> 6/21/2023	<u>Thursday</u> 6/22/2023	<u>Friday</u> 6/23/2023
Polish Sausage Hot Dog Bun Sauerkraut Potato Wedges Apple 0	Chicken Chili Corn Tossed Salad Peaches Oyster Crackers 0	Greek Chicken Salad w/beets, onions, olives, feta Mixed Greens Pita Bread Banana 0	Beef Goulash Italian Vegetables Tossed Salad Pears Garlic Bread 0	Grilled Turkey Burger Hamburger Bun Baked Beans Cole Slaw Orange 0
<u>Monday</u> 6/26/2023	<u>Tuesday</u> 6/27/2023	<u>Wednesday</u> 6/28/2023	<u>Thursday</u> 6/29/2023	<u>Friday</u> 6/30/2023
Gyro w/lettuce, tomatoes & feta Tzatziki Sauce Pita Bread Apple 0	Ground Beef Stroganoff Noodles Broccoli Tossed Salad Peaches Dinner Roll	Tuna Salad Plate cheese, cucumber, tomatoes Mixed Greens Pita Bread Banana 0	Vegetable Lasagna Italian Vegetables Tossed Salad Apple Sauce Breadstick 0	Hot Dog Bun Lays Potato Chips Baked Beans Cole Slaw Apple Pie
<u>Monday</u> 7/3/2023	<u>Tuesday</u> 7/4/2023	<u>Wednesday</u> 7/5/2023	<u>Thursday</u> 7/6/2023	<u>Friday</u> 7/7/2023
Chicken Tenders (2) Cole Slaw Apple Green Beans Wedge Potatoes 0	CLOSED Frozen Delivered Thursday 6/29 0 0 0	Beef Chili Corn Tossed Salad Pineapple Cornbread 0	Chicken Fajita Strip Salad w/cheese, tomatoes Mixed Greens Tortilla Chips Banana 0	Chicken & Broccoli Casserole Cole Slaw Orange Whole Wheat Bread 0 0

PLEASE CALL 24 HOURS IN

ADVANCE TO CANCEL MEALS

810-632-2155

MENU SUBJECT TO CHANGE

WITHOUT NOTICE

HALF PINT OF MILK

SERVED WITH EVERY MEAL

COST SHARE \$3.50/MEAL

TUESDAY 7/4/23

NO MEALS DELIVERED

FROZEN DELIVERED

THURSDAY 6/29