

Livingston County & Western Oakland Meals on Wheels - November 2022 Menu

<u>Monday</u> <u>10/31/2022</u>	<u>Tuesday</u> <u>11/1/2022</u>	<u>Wednesday</u> <u>11/2/2022</u>	<u>Thursday</u> <u>11/3/2022</u>	<u>Friday</u> <u>11/4/2022</u>
Halloweenie Hot Dog Bun Boo Baked Beans Apple Pumpkin Sugar Cookie 0	Chicken Fettucini Alfredo Broccoli Pears Roll 0 0	Meatloaf w/gravy New Potatoes Carrots Whole Grain Bread Banana 0	Chicken Ala King Green Beans Mashed Potatoes Mixed Fruit Biscuit 0	Beef Stew Stew Vegetables in Stew Potatos in Stew Orange Dinner Roll 0
<u>Monday</u> <u>11/7/2022</u>	<u>Tuesday</u> <u>11/8/2022</u>	<u>Wednesday</u> <u>11/9/2022</u>	<u>Thursday</u> <u>11/10/2022</u>	<u>Friday</u> <u>11/11/2022</u>
Macaroni & Cheese Stewed Tomatoes Green Beans Apple Breadstick 0	Sloppy Joes Corn Cole Slaw Pears Oyster Crackers 0	Roast Turkey w/ Gravy Cornbread Stuffing Mashed Potatoes Green Beans & Dinner Roll Cranberries Pumpkin Pie	Lemon Pepper Chicken Rice Pilaf Broccoli Tossed Salad Whole Grain Bread Mixed Fruit 0	Fish Sticks Mashed Potatoes Carrot Raisin Salad Orange Whole Grain Bread 0
<u>Monday</u> <u>11/14/2022</u>	<u>Tuesday</u> <u>11/15/2022</u>	<u>Wednesday</u> <u>11/16/2022</u>	<u>Thursday</u> <u>11/17/2022</u>	<u>Friday</u> <u>11/18/2022</u>
Stuffed Cabbage Mashed Potatoes Peas Whole Wheat Bread Apple 0	Copper Country Pie Mixed Vegetables Corn Bread Topping Corn Pineapple 0	Beef Goulash Italian Vegetables Tossed Salad Banana Garlic Bread 0	Chicken Leg Potato Salad Brussel Sprouts Apple Sauce Dinner Roll 0	Ground Beef Stroganoff Noodles Broccoli Tossed Salad Orange 0
<u>Monday</u> <u>11/21/2022</u>	<u>Tuesday</u> <u>11/22/2022</u>	<u>Wednesday</u> <u>11/23/2022</u>	<u>Thursday</u> <u>11/24/2022</u>	<u>Friday</u> <u>11/25/2022</u>
Chicken Chili Potato Wedges Peas & Carrots Apple Dinner Roll 0	Baked Ziti Italian Vegetables Tossed Salad Peaches Garlic Bread 0	Sweet Potato Encrusted Pollock Capri Vegetables Macaroni Salad Banana Tartar Sauce 0	CLOSED Call office to reserve a meal for delivery on Thanksgiving Day 810-632-2155	CLOSED Frozen Delivered Monday 11/21 Weekend Frozen Delivered Wednesday 11/23
<u>Monday</u> <u>11/28/2022</u>	<u>Tuesday</u> <u>11/29/2022</u>	<u>Wednesday</u> <u>11/30/2022</u>	<u>Thursday</u> <u>12/1/2022</u>	<u>Friday</u> <u>12/2/2022</u>
Polish Sausage Hot Dog Bun Sauerkraut Potato Wedges Apple 0	Chicken & Broccoli Casserole Cole Slaw Pears Whole Wheat Bread 0 0	Vegetable Lasagna Italian Vegetables Tossed Salad Banana Breadstick 0	Grilled Turkey Burger Hamburger Bun Baked Beans Potato Salad Mixed Fruit Dessert	Gyro w/lettuce, tomatoes & feta Tzatziki Sauce Pita Bread Orange 0

PLEASE CALL 24 HOURS IN
ADVANCE TO CANCEL MEALS
810-632-2155

MENU SUBJECT TO CHANGE
WITHOUT NOTICE

HALF PINT OF MILK
SERVED WITH EVERY MEAL

COST SHARE \$3.50/MEAL

SATURDAY 11/5
BLIZZARD BOX DELIVERY

THURSDAY 11/24

NO MEALS DELIVERED
CALL OFFICE TO RESERVE
THANKSGIVING DELIVERY

FRIDAY 11/25

NO MEALS DELIVERED
FROZEN DELIVERED
MONDAY 11/21
(Weekend Frozen
Delivered Wed 11/23)