

# Livingston County & Western Oakland Meals on Wheels - August 2022 Menu

<u>Monday</u> <u>8/1/2022</u>	<u>Tuesday</u> <u>8/2/2022</u>	<u>Wednesday</u> <u>8/3/2022</u>	<u>Thursday</u> <u>8/4/2022</u>	<u>Friday</u> <u>8/5/2022</u>
Swiss Steak Peas & Carrots Apple Mashed Potatoes Whole Grain Bread 0	Chicken Chili Blended Vegetables Tossed Salad Peaches Oyster Crackers 0	Chicken Fajita Strip Salad Mixed Greens Cheese, Tomatoes Tortilla Chips Banana Dessert	Hamburger w/cheese Hamburger Bun Potato Salad Carrots Pears Dessert	Chicken Leg Potato Wedges Peas and Carrots Orange Dinner Roll 0
<u>Monday</u> <u>8/8/2022</u>	<u>Tuesday</u> <u>8/9/2022</u>	<u>Wednesday</u> <u>8/10/2022</u>	<u>Thursday</u> <u>8/11/2022</u>	<u>Friday</u> <u>8/12/2022</u>
Grilled Chicken Sandwich 3 Bean Salad Hamburger Bun Apple Wedge Potatoes 0	Beef Stroganoff Noodles Broccoli Mixed Fruit Dinner Roll 0	Tuna Salad Plate w/cheese, cucumbers, tomatoes & mixed greens Pita Bread Banana Dessert	Sweet & Sour Chicken Asian Vegetables Whole Grain Rice Pineapple Whole Grain Bread Dessert	Sweet Potato Encrusted Pollock Capri Vegetables Macaroni Salad Orange Tartar Sauce
<u>Monday</u> <u>8/15/2022</u>	<u>Tuesday</u> <u>8/16/2022</u>	<u>Wednesday</u> <u>8/17/2022</u>	<u>Thursday</u> <u>8/18/2022</u>	<u>Friday</u> <u>8/19/2022</u>
Beef & Bean Burrito w/ Tortilla Corn Spanish Rice Apple 0	Vegetable Lasagna Tossed Salad Italian Vegetables Peaches Breadstick 0	Taco Salad lettuce, cheese, tomatoes Taco Sauce Tortilla Chips Banana Dessert	Pulled BBQ Chicken Sandwich Hamburger Bun Pears Green Beans Au Gratin Potatoes Dessert	Beef Goulash Blended Vegetables Tossed Salad Orange Dinner Roll 0
<u>Monday</u> <u>8/22/2022</u>	<u>Tuesday</u> <u>8/23/2022</u>	<u>Wednesday</u> <u>8/24/2022</u>	<u>Thursday</u> <u>8/25/2022</u>	<u>Friday</u> <u>8/26/2022</u>
Grilled Turkey Burger Hamburger Bun Baked Beans Cole Slaw Apple 0	Baked Ham Scallop Potatoes Tossed Salad Pineapple Dinner Roll 0	Chicken Salad Plate w/celery, grapes & onions Mixed Greens Pita Bread Banana Dessert	Stuffed Steak Mashed Potatoes Green Beans Mixed Fruit Whole Wheat Bread Dessert	Chicken Ala King Peas and Carrots Garden Salad Orange Biscuit 0
<u>Monday</u> <u>8/29/2022</u>	<u>Tuesday</u> <u>8/30/2022</u>	<u>Wednesday</u> <u>8/31/2022</u>	<u>Thursday</u> <u>9/1/2022</u>	<u>Friday</u> <u>9/2/2022</u>
Hot Dog w/ Chili Blended Vegetables Potato Salad Apple Hot Dog Bun 0	Beef Tacos (2) Cheese, Lettuce, Tomatoes Salsa & Sour Cream Refried Beans Tortillas Pears	Chef Salad Plate w/ham & turkey Mixed Greens Pita Bread Banana Dessert	Beef Lasagna Italian Vegetables Tossed Salad Peaches Garlic Toast Dessert	Baked Cod Macaroni & Cheese Brussel Sprouts Orange Dinner Roll 0

**PLEASE CALL 24 HOURS IN  
ADVANCE TO CANCEL MEALS**

**810-632-2155**

**MENU SUBJECT TO CHANGE  
WITHOUT NOTICE**

**HALF PINT OF MILK  
SERVED WITH EVERY MEAL**

**COST SHARE \$3.00/MEAL**