

Livingston County & Western Oakland Meals on Wheels - May 2022 Menu

<u>Monday</u> 5/2/2022	<u>Tuesday</u> 5/3/2022	<u>Wednesday</u> 5/4/2022	<u>Thursday</u> 5/5/2022	<u>Friday</u> 5/6/2022
Sloppy Joe Hamburger Bun Carrots Potato Salad Orange 0	Spinach & Cheese Ravioli Italian Vegetables Tossed Salad Garlic Bread Apple 0	Tuna Salad Plate w/cheese, cucumbers, tomatoes & mixed greens Pita Bread Banana Dessert	Fajitas Chicken Strips Refried Beans Cheese, Salsa, Sour Cream Tropical Fruit Soft Tortilla Shells Dessert	Cheese & Broccoli Quiche Sausage Links Low Sodium V-8 Juice Fresh Mixed Fruit Muffin 0
<u>Monday</u> 5/9/2022	<u>Tuesday</u> 5/10/2022	<u>Wednesday</u> 5/11/2022	<u>Thursday</u> 5/12/2022	<u>Friday</u> 5/13/2022
Chicken Leg Potato Wedges Peas & Carrots Apple Sauce Dinner Roll 0	Stuffed Steak Mashed Potatoes Green Beans Pears Whole Wheat Bread 0	Taco Salad lettuce, cheese, tomatoes Taco Sauce Tortilla Chips Banana Dessert	Chicken Fettucini Alfredo Tossed Salad Broccoli Peaches Breadstick Dessert	Polish Sausage Sauerkraut Whole Potatoes Hot Dog Bun Apple 0
<u>Monday</u> 5/16/2022	<u>Tuesday</u> 5/17/2022	<u>Wednesday</u> 5/18/2022	<u>Thursday</u> 5/19/2022	<u>Friday</u> 5/20/2022
Swiss Steak Peas & Carrots Orange Mashed Potatoes Whole Grain Bread 0	Chicken Chili Blended Vegetables Tossed Salad Pears Oyster Crackers 0	Chicken Salad Plate w/ celery, grapes & onions Mixed Greens Pita Bread Banana Dessert	Baked Ham Scallop Potatoes Green Beans Pineapple Dinner Roll Dessert	Hamburger w / Cheese Hamburger Bun Potato Salad Carrots Apple 0
<u>Monday</u> 5/23/2022	<u>Tuesday</u> 5/24/2022	<u>Wednesday</u> 5/25/2022	<u>Thursday</u> 5/26/2022	<u>Friday</u> 5/27/2022
Grilled Chicken Sandwich Hamburger Bun Wedge Potatoes 3 Bean Salad Mixed Fruit 0	Copper Country Pie Mixed Vegetables Corn Bread Topping Tossed Salad Orange 0	Chef Salad Plate w/ham & turkey Mixed Greens Pita Bread Banana Dessert	Italian Meatball Sub Sub Bun Coleslaw Italian Vegetables Pears Dessert	Baked Cod Macaroni & Cheese Brussel Sprouts Peaches Dinner Roll 0
<u>Monday</u> 5/30/2022	<u>Tuesday</u> 5/31/2022	<u>Wednesday</u> 6/1/2022	<u>Thursday</u> 6/2/2022	<u>Friday</u> 6/3/2022
CLOSED Frozen Delivered Wednesday 5/25 0 0 0	Ground Beef Stroganoff Noodles Broccoli Apple Dinner Roll 0	Greek Chicken Salad w/beets, onions, olives feta & mixed greens Pita Bread Banana Dessert	Vegetable Lasagna Tossed Salad Italian Vegetables Orange Breadstick Dessert	Sweet & Sour Chicken Asian Vegetables Whole Grain Rice Pineapple Whole Wheat Bread 0

PLEASE CALL 24 HOURS IN
ADVANCE TO CANCEL MEALS
810-632-2155

MENU SUBJECT TO CHANGE
WITHOUT NOTICE

HALF PINT OF MILK
SERVED WITH EVERY MEAL

COST SHARE \$3.00/MEAL

MONDAY 5/30
NO MEALS DELIVERED
(FROZEN DELIVERED 5/25)

Our site is funded in whole or in part by the Federal Older American's Act and the AASA through the Area Agency on Aging 1-8. We comply with the terms and regulations of the Title V of the Civil Rights Act of 1964 as amended and Section 504 of the Social Rehabilitation Act of 1973 and is an Equal Opportunity Employer. Reasonable accommodation will be provided upon request.