

Livingston County & Western Oakland Meals on Wheels - March 2022 Menu

<u>Monday</u> <u>2/28/2022</u>	<u>Tuesday</u> <u>3/1/2022</u>	<u>Wednesday</u> <u>3/2/2022</u>	<u>Thursday</u> <u>3/3/2022</u>	<u>Friday</u> <u>3/4/2022</u>
Chicken Leg Potatoe Wedges Peas and Carrots Pears Dinner Roll 0	Stuffed Steak Mashed Potatoes Broccoli Banana Whole Grain Bread 0	Macaroni & Cheese Stewed Tomatoes Green Beans Orange Breadstick Dessert	Beef Chili Corn Fruit Cocktail Oyster Crackers Dessert 0	Fish Sticks Mixed Vegetables Macaroni Salad Apple Dinner Roll 0
<u>Monday</u> <u>3/7/2022</u> Chicken Fingers (2) Cole Slaw Apple Sauce Green Beans Wedge Potatoes 0	<u>Tuesday</u> <u>3/8/2022</u> Salisbury Steak Peas & Carrots Banana Mashed Potatoes Whole Grain Bread 0	<u>Wednesday</u> <u>3/9/2022</u> Chicken & Broccoli Casserole Tossed Salad Banana Dinner Roll Dessert	<u>Thursday</u> <u>3/10/2022</u> Hamburger w/cheese Hamburger Bun Potato Salad Carrots Orange Dessert	<u>Friday</u> <u>3/11/2022</u> Sweet Potato Encrusted Pollcock Capri Vegetables Macaroni Salad Apple Tartar Sauce
<u>Monday</u> <u>3/14/2022</u> Italian Meatball Sub Sub Bun Coleslaw Italian Vegetables Orange 0	<u>Tuesday</u> <u>3/15/2022</u> Chicken Chili Blended Vegetables Tossed Salad Pears Oyster Crackers 0	<u>Wednesday</u> <u>3/16/2022</u> Grilled Chicken Sandwich 3 Bean Salad Hamburger Bun Mixed Fruit Wedge Potatoes Dessert	<u>Thursday</u> <u>3/17/2022</u> Corned Beef Carrots & Cabbage Whole Potatoes Apple Sauce Rye Bread St. Pat's Sugar Cookie	<u>Friday</u> <u>3/18/2022</u> Vegetable Lasagna Tossed Salad Italian Vegetables Banana Breadstick 0
<u>Monday</u> <u>3/21/2022</u> Beef Stroganoff Noodles Broccoli Peaches Breadstick 0	<u>Tuesday</u> <u>3/22/2022</u> Sweet & Sour Chicken Asian Vegetables Whole Grain Rice Pineapple Dinner Roll 0	<u>Wednesday</u> <u>3/23/2022</u> Meatloaf w/ Gravy New Potatoes Peas & Carrots Whole Grain Bread Banana Dessert	<u>Thursday</u> <u>3/24/2022</u> Golden Crispy Chicken Mashed Sweet Potatoes Spinach Pears Whole Wheat Bread Dessert	<u>Friday</u> <u>3/25/2022</u> Baked Cod Macaroni & Cheese Brussel Sprouts Apple Breadstick 0
<u>Monday</u> <u>3/28/2022</u> Stuffed Peppers Mashed Potatoes Green Beans Whole Grain Bread Peaches 0	<u>Tuesday</u> <u>3/29/2022</u> Grilled Turkey Burger Hamburger Bun Baked Beans Cole Slaw Pineapple 0	<u>Wednesday</u> <u>3/30/2022</u> Beef Goulash Blended Vegetabls Tossed Salad Orange Garlic Bread Dessert	<u>Thursday</u> <u>3/31/2022</u> Chicken & Dumplings Green Peas Pears Dinner Roll Dessert 0	<u>Friday</u> <u>4/1/2022</u> Tuna Salad Sandwich Croissant Pasta Salad Carrot Sticks Banana 0

PLEASE CALL 24 HOURS IN
ADVANCE TO CANCEL MEALS
810-632-2155

MENU SUBJECT TO CHANGE
WITHOUT NOTICE

HALF PINT OF MILK
SERVED WITH EVERY MEAL

COST SHARE \$3.00/MEAL