

Livingston County & Western Oakland Meals on Wheels - January 2022 Menu

PLEASE CALL 24 HOURS IN
ADVANCE TO CANCEL MEALS

810-632-2155

MENU SUBJECT TO CHANGE
WITHOUT NOTICE

HALF PINT OF MILK
SERVED WITH EVERY MEAL

COST SHARE \$3.00/MEAL

MONDAY 1/17/2022

NO MEALS DELIVERED
(FROZEN DELIVERED 1/12)

Monday 1/3/2022	Tuesday 1/4/2022	Wednesday 1/5/2022	Thursday 1/6/2022	Friday 1/7/2022
Golden Crispy Chicken Mashed Sweet Potatoes Spinach Pears Roll 0	Copper Country Pie Mixed Vegetables Corn Bread Topping Tossed Salad Orange 0	Sloppy Joe Hamburger Bun Carrots Apple Three Bean Salad Dessert	Chicken Fettucini Alfredo Tossed Salad Broccoli Banana Breadstick Dessert	Stuffed Cabbage Mashed Potatoes Peas Whole Wheat Bread Pineapple 0
Monday 1/10/2022	Tuesday 1/11/2022	Wednesday 1/12/2022	Thursday 1/13/2022	Friday 1/14/2022
Pulled BBQ Chicken Sandwich Potato Salad Brussel Sprouts Mixed Fruit Hamburger Bun	Spinach & Cheese Ravioli Italian Vegetables Tossed Salad Garlic Bread Orange 0	Stuffed Steak Mashed Potatoes Mixed Vegetables Pears Dinner Roll Dessert	Chicken Fingers (2) Cole Slaw Apple Sauce Wedge Potatoes Dessert	Macaroni & Cheese Stewed Tomatoes Green Beans Apple Breadstick 0
Monday 1/17/2022	Tuesday 1/18/2022	Wednesday 1/19/2022	Thursday 1/20/2022	Friday 1/21/2022
CLOSED Frozen Delivered Wednesday 1/12 0 0 0	Polish Sausage Sauerkraut Whole Potatoes Hot Dog Bun Apple Sauce 0	Chicken & Broccoli Casserole Cole Slaw Banana Dinner Roll Dessert	Hamburger w/cheese Hamburger Bun Potato Salad Carrots Orange Dessert	Chicken Chili Blended Vegetables Tossed Salad Pears Oyster Crackers 0
Monday 1/24/2022	Tuesday 1/25/2022	Wednesday 1/26/2022	Thursday 1/27/2022	Friday 1/28/2022
Sweet Potato Encrusted Pollock Capri Vegetables Macaroni Salad Apple Tartar Sauce	Italian Meatball Sub Sub Bun Coleslaw Italian Vegetables Orange 0	Sweet & Sour Chicken Asian Vegetables Whole Grain Rice Pineapple Dinner Roll Dessert	Swiss Steak Peas & Carrots Pineapple Mashed Potatoes Whole Grain Bread Dessert	Vegetable Lasagna Tossed Salad Italian Vegetables Banana Breadstick 0
Monday 1/31/2022	Tuesday 2/1/2022	Wednesday 2/2/2022	Thursday 2/3/2022	Friday 2/4/2022
Beef Stroganoff Noodles Broccoli Orange Dinner Roll 0	Chicken & Dumplings Tossed Salad Mixed Vegetables Pears Whole Wheat Bread 0	Roast Beef w/gravy Mashed Potatoes Green Beans Dinner Roll Banana Dessert	Grilled Turkey Burger Hamburger Bun Baked Beans Cole Slaw Pineapple Dessert	Stuffed Peppers New Potatoes Peas & Carrots Whole Grain Bread Apple 0

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