

# Livingston County & Western Oakland Meals on Wheels - September 2021 Menu

<u>Monday</u> <u>8/30/2021</u>	<u>Tuesday</u> <u>8/31/2021</u>	<u>Wednesday</u> <u>9/1/2021</u>	<u>Thursday</u> <u>9/2/2021</u>	<u>Friday</u> <u>9/3/2021</u>
Sloppy Joe Hamburger Bun Carrots Pineapple Three Bean Salad 0	Chicken Fingers (2) Apple Sauce Wedge Potatoes Green Beans 0 0	Greek Chicken Salad w/beets, onions, olives feta & mixed greens Pita Bread Banana Dessert	Copper Country Pie Mixed Vegetables Corn Bread Topping Tossed Salad Pears Dessert	Spinach & Cheese Ravioli Italian Vegetables Tossed Salad Garlic Bread Orange 0
<u>Monday</u> <u>9/6/2021</u>	<u>Tuesday</u> <u>9/7/2021</u>	<u>Wednesday</u> <u>9/8/2021</u>	<u>Thursday</u> <u>9/9/2021</u>	<u>Friday</u> <u>9/10/2021</u>
CLOSED Frozen Delivered Wednesday 9/1 0 0 0	Chicken Leg Diced Potatoes Peas and Carrots Apple Dinner Roll 0	Stuffed Steak Mashed Potatoes Green Beans Pears Whole Grain Bread Dessert	Tuna Salad Plate w/cheese, cucumbers, tomatoes & mixed greens Pita Bread Banana Dessert	Pulled BBQ Chicken Sandwich Potato Salad Brussel Sprouts Mixed Fruit Hamburger Bun
<u>Monday</u> <u>9/13/2021</u>	<u>Tuesday</u> <u>9/14/2021</u>	<u>Wednesday</u> <u>9/15/2021</u>	<u>Thursday</u> <u>9/16/2021</u>	<u>Friday</u> <u>9/17/2021</u>
Polish Sausage Sauerkraut Whole Potatoes Hot Dog Bun Apple Sauce 0	Macaroni & Cheese Stewed Tomatoes Green Beans Orange Breadstick 0	Chicken & Broccoli Casserole Cole Slaw Apple Dinner Roll Dessert	Chicken Salad Plate w/celery, grapes & onions Mixed Greens Pita Bread Banana Dessert	Swiss Steak Tossed Salad Peas & Carrots Mashed Potatoes Pineapple 0
<u>Monday</u> <u>9/20/2021</u>	<u>Tuesday</u> <u>9/21/2021</u>	<u>Wednesday</u> <u>9/22/2021</u>	<u>Thursday</u> <u>9/23/2021</u>	<u>Friday</u> <u>9/24/2021</u>
Hamburger w/cheese Hamburger Bun Potato Salad Carrots Apple 0	Chicken Chili Blended Vegetables Tossed Salad Pears Oyster Crackers 0	Italian Meatball Sub Sub Bun Coleslaw Italian Vegetables Orange Dessert	Taco Salad lettuce, cheese, tomatoes Taco Sauce Tortilla Chips Banana Dessert	Sweet Potato Encrusted Pollock Capri Vegetables Macaroni Salad Apple Sauce Tartar Sauce
<u>Monday</u> <u>9/27/2021</u>	<u>Tuesday</u> <u>9/28/2021</u>	<u>Wednesday</u> <u>9/29/2021</u>	<u>Thursday</u> <u>9/30/2021</u>	<u>Friday</u> <u>10/1/2021</u>
Grilled Chicken Sandwich 3 Bean Salad Hamburger Bun Apple Wedge Potatoes 0	Beef Stroganoff Noodles Broccoli Peaches Whole Grain Bread 0	Vegetable Lasagna Tossed Salad Italian Vegetables Orange Breadstick Dessert	Chef Salad Plate w/ham & turkey Mixed Greens Pita Bread Banana Dessert	Sweet & Sour Chicken Asian Vegetables Whole Grain Rice Pineapple Dinner Roll 0

**PLEASE CALL 24 HOURS IN  
ADVANCE TO CANCEL MEALS**

**810-632-2155**

**MENU SUBJECT TO CHANGE  
WITHOUT NOTICE**

**HALF PINT OF MILK**

**SERVED WITH EVERY MEAL**

**COST SHARE \$3.00/MEAL**

**MONDAY 9/6**

**NO MEALS DELIVERED**

**FROZEN DELIVERED**

**WEDNESDAY 9/1**