

Livingston County & Western Oakland Meals on Wheels - August 2021 Menu

<u>Monday</u> <u>8/2/2021</u>	<u>Tuesday</u> <u>8/3/2021</u>	<u>Wednesday</u> <u>8/4/2021</u>	<u>Thursday</u> <u>8/5/2021</u>	<u>Friday</u> <u>8/6/2021</u>
Chicken & Dumplings Coleslaw Corn Pears Dinner Roll 0	Beef Tacos (2) Cheese, Lettuce, Tomatoes Salsa & Sour Cream Refried Beans Tortillas Mixed Fruit	Chicken Salad Plate w/celery, grapes & onions Mixed Greens Pita Bread Banana Dessert	Stuffed Peppers Mashed Potatoes Green Beans Whole Grain Bread Peaches Dessert	Grilled Turkey Burger Hamburger Bun Baked Beans Cucumber Salad Apple 0
<u>Monday</u> <u>8/9/2021</u>	<u>Tuesday</u> <u>8/10/2021</u>	<u>Wednesday</u> <u>8/11/2021</u>	<u>Thursday</u> <u>8/12/2021</u>	<u>Friday</u> <u>8/13/2021</u>
Baked Cod Macaroni & Cheese Brussel Sprouts Apple Bread Stick 0	Golden Crispy Chicken Mashed Sweet Potatoes Spinach Pears Whole Grain Bread 0	Taco Salad lettuce, cheese, tomatoes Taco Sauce Tortilla Chips Banana Dessert	Beef Lasagna Italian Vegetables Tossed Salad Orange Garlic Bread Dessert	Chicken Parmesan Noodles Coleslaw Broccoli Pineapple 0
<u>Monday</u> <u>8/16/2021</u>	<u>Tuesday</u> <u>8/17/2021</u>	<u>Wednesday</u> <u>8/18/2021</u>	<u>Thursday</u> <u>8/19/2021</u>	<u>Friday</u> <u>8/20/2021</u>
Beef Stew Stew Vegetables in Stew Potatoes in Stew Pears Whole Grain Bread 0	Swedish Meatballs & Rice Corn Tossed Salad Orange Dinner Roll 0	Chef Salad Plate w/ham & turkey Mixed Greens Pita Bread Banana Dessert	Fish Sticks Green Beans Macaroni & Cheese Apple Sauce Breadstick Dessert	Baked Ziti w/cheese Italian Vegetables Tossed Salad Garlic Bread Peaches 0
<u>Monday</u> <u>8/23/2021</u>	<u>Tuesday</u> <u>8/24/2021</u>	<u>Wednesday</u> <u>8/25/2021</u>	<u>Thursday</u> <u>8/26/2021</u>	<u>Friday</u> <u>8/27/2021</u>
Country Fried Steak Mashed Potatoes Broccoli Pineapple Whole Grain Bread 0	Spaghetti & Meatballs Tossed Salad Blended Vegetables Garlic Bread Apple 0	Maurice Salad w/ham & turkey, cheese, pickles & mixed greens Pita Bread Banana Dessert	Stuffed Cabbage Mashed Potatoes Peas & Carrots Whole Wheat Bread Orange Dessert	Chicken Fettucini Alfredo Tossed Salad Italian Vegetables Peaches Breadstick 0
<u>Monday</u> <u>8/30/2021</u>	<u>Tuesday</u> <u>8/31/2021</u>	<u>Wednesday</u> <u>9/1/2021</u>	<u>Thursday</u> <u>9/2/2021</u>	<u>Friday</u> <u>9/3/2021</u>
Sloppy Joe Hamburger Bun Carrots Pears Three Bean Salad 0	Chicken Fingers (2) Cole Slaw Apple Sauce Wedge Potatoes 0 0	Greek Chicken Salad w/beets, onions, olives feta & mixed greens Pita Bread Banana Dessert	Copper Country Pie Mixed Vegetables Corn Bread Topping Tossed Salad Pineapple Dessert	Spinach & Cheese Ravioli Italian Vegetables Tossed Salad Garlic Bread Orange 0

PLEASE CALL 24 HOURS IN
ADVANCE TO CANCEL MEALS
810-632-2155

MENU SUBJECT TO CHANGE
WITHOUT NOTICE

HALF PINT OF MILK
SERVED WITH EVERY MEAL

COST SHARE \$3.00/MEAL

MONDAY 9/6

NO MEALS DELIVERED

FROZEN DELIVERED

WEDNESDAY 9/1