

Livingston County & Western Oakland Meals on Wheels - February 2021 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2/1/2021 Sweet & Sour Chicken Asian Vegetables Whole Grain Rice Pineapple Dinner Roll 0	2/2/2021 Beef Stroganoff Noodles Broccoli Pears Dinner Roll 0	2/3/2021 Pork Loaf Peas & Carrots Banana Whole Grain Bread Dessert 0	2/4/2021 Chicken Parmesan Noodles Tossed Salad Italian Vegetables Apple Dessert	2/5/2021 Stuffed Peppers Mashed Potatoes Green Beans Whole Grain Bread Orange 0
Monday 2/8/2021 Beef Stew Stew Vegetables in Stew Potatoes in Stew Apple Dinner Roll 0	Tuesday 2/9/2021 Pulled BBQ Chicken Sandwich Sweet Potato Cubes Brussel Sprouts Pineapple Hamburger Bun 0	Wednesday 2/10/2021 Country Fried Steak Mashed Potatoes Broccoli Banana Whole Grain Bread Heart Cookie	Thursday 2/11/2021 Grilled Turkey Burger Hamburger Bun Baked Beans Cole Slaw Pineapple Dessert	Friday 2/12/2021 Cheese Baked Mostaccioli Italian Blended Vegetables Fruit Cocktail Bread Stick 0
Monday 2/15/2021 Golden Crispy Chicken Mashed Sweet Potatoes Spinach Apple Whole Grain Bread 0	Tuesday 2/16/2021 Beef Tacos (2) Cheese, Lettuce, Tomatoes Salsa & Sour Cream Refried Beans Tortillas Mixed Fruit	Wednesday 2/17/2021 Baked Cod Macaroni & Cheese Brussel Sprouts Pears Tartar Sauce Dessert	Thursday 2/18/2021 Stuffed Cabbage Mashed Potatoes Peas Whole Wheat Bread Banana Dessert	Friday 2/19/2021 Vegetable Lasagna Tossed Salad Italian Vegetables Orange Bread Stick 0
Monday 2/22/2021 Beef Chili Corn Fruit Cocktail Oyster Crackers 0 0	Tuesday 2/23/2021 Chicken Thigh Wedge Potatoes Peas and Carrots Pears Dinner Roll 0	Wednesday 2/24/2021 Baked Ham Mashed Sweet Potatoes Blended Vegetables Pineapple Dinner Roll Dessert	Thursday 2/25/2021 Beef Ravioli Italian Vegetables Tossed Salad Garlic Bread Orange Dessert	Friday 2/26/2021 Fish Sticks Green Beans Macaroni & Cheese Banana Bread Stick 0
Monday 3/1/2021 Sloppy Joe Hamburger Bun Broccoli Peaches Three Bean Salad 0	Tuesday 3/2/2021 Chicken Fingers (2) Corn Pears Sweet Potato Cubes 0 0	Wednesday 3/3/2021 Copper Country Pie Mixed Vegetables Corn Bread Topping Tossed Salad Banana Dessert	Thursday 3/4/2021 Chicken & Broccoli Casserole Cole Slaw Mixed Fruit Whole Grain Bread Dessert	Friday 3/5/2021 Macaroni & Cheese Stewed Tomatoes Green Beans Apple Bread Stick 0

PLEASE CALL 24 HOURS IN
 ADVANCE TO CANCEL MEALS
 810-632-2155

MENU SUBJECT TO CHANGE
 WITHOUT NOTICE

HALF PINT OF MILK
 SERVED WITH EVERY MEAL

COST SHARE \$3.00