

Livingston County & Western Oakland Meals on Wheels - January 2021 Menu

<u>Monday</u> <u>1/4/2021</u>	<u>Tuesday</u> <u>1/5/2021</u>	<u>Wednesday</u> <u>1/6/2021</u>	<u>Thursday</u> <u>1/7/2021</u>	<u>Friday</u> <u>1/8/2021</u>
Golden Crispy Chicken Mashed Sweet Potatoes Spinach Apple Whole Grain Bread 0	Beef Chili Corn Fruit Cocktail Oyster Crackers 0 0	Chicken Thigh Wedge Potatoes Peas and Carrots Pears Dinner Roll Dessert	Copper Country Pie Mixed Vegetables Corn Bread Topping Tossed Salad Orange Dessert	Sloppy Joe Hamburger Bun Carrots Banana Three Bean Salad 0
<u>Monday</u> <u>1/11/2021</u>	<u>Tuesday</u> <u>1/12/2021</u>	<u>Wednesday</u> <u>1/13/2021</u>	<u>Thursday</u> <u>1/14/2021</u>	<u>Friday</u> <u>1/15/2021</u>
Beef Ravioli Italian Vegetables Tossed Salad Garlic Bread Orange 0	Chicken & Broccoli Casserole Cole Slaw Banana Whole Grain Bread 0	Spaghetti & Meatballs Tossed Salad Blended Vegetables Bread Stick Apple Dessert	Fish Sticks Green Beans Macaroni & Cheese Peaches Roll Dessert	Italian Meatball Sub Sub Bun Wedge Potatoes Italian Beans Pineapple 0
<u>Monday</u> <u>1/18/2021</u>	<u>Tuesday</u> <u>1/19/2021</u>	<u>Wednesday</u> <u>1/20/2021</u>	<u>Thursday</u> <u>1/21/2021</u>	<u>Friday</u> <u>1/22/2021</u>
NO DELIVERY Frozen Delivered Wednesday 1/13 0 0 0	Chicken Fettucini Alfredo Tossed Salad Broccoli Peaches Garlic Bread 0	Stuffed Steak Mashed Potatoes Green Beans Banana Dinner Roll Dessert	Chicken Chili Blended Vegetables Pears Oyster Crackers Dessert 0	Hamburger w/cheese Hamburger Bun Potato Salad Carrots Apple 0
<u>Monday</u> <u>1/25/2021</u>	<u>Tuesday</u> <u>1/26/2021</u>	<u>Wednesday</u> <u>1/27/2021</u>	<u>Thursday</u> <u>1/28/2021</u>	<u>Friday</u> <u>1/29/2021</u>
Grilled Chicken Sandwich 3 Bean Salad Hamburger Bun Pineapple Wedge Potatoes 0	Sweet Potato Encrusted Pollock Capri Vegetables Macaroni Salad Apple Sauce Tartar Sauce	Vegetable Lasagna Tossed Salad Italian Vegetables Orange Bread Stick Dessert	Polish Sausage Sauerkraut Whole Potatoes Hot Dog Bun Banana Dessert	Macaroni & Cheese Stewed Tomatoes Green Beans Apple Bread Stick 0
<u>Monday</u> <u>2/1/2021</u>	<u>Tuesday</u> <u>2/2/2021</u>	<u>Wednesday</u> <u>2/3/2021</u>	<u>Thursday</u> <u>2/4/2021</u>	<u>Friday</u> <u>2/5/2021</u>
Sweet & Sour Chicken Asian Vegetables Whole Grain Rice Pineapple Dinner Roll 0	Beef Stroganoff Noodles Broccoli Pears Dinner Roll 0	Pork Loin Tossed Salad Peas & Carrots Banana Whole Grain Bread Dessert	Chicken Parmesan Noodles Tossed Salad Italian Vegetables Apple Dessert	Stuffed Peppers Mashed Potatoes Green Beans Whole Grain Bread Orange 0

PLEASE CALL 24 HOURS IN

ADVANCE TO CANCEL MEALS

810-632-2155

MENU SUBJECT TO CHANGE

WITHOUT NOTICE

HALF PINT OF MILK

SERVED WITH EVERY MEAL

COST SHARE \$3.00

1/18/21 – NO DELIVERY

FROZEN DELIVERED

WEDNESDAY - 1/13/21