

Livingston County & Western Oakland Meals on Wheels - October 2020 Menu

PLEASE CALL 24 HOURS IN
ADVANCE TO CANCEL MEAL:
810-632-2155

Monday 10/5/2020	Tuesday 10/6/2020	Wednesday 10/7/2020	Thursday 10/8/2020	Friday 10/9/2020
Spaghetti & Meatballs Mixed Vegetables Fruit Cocktail Garlic Bread Stick Tossed Salad 0	Stuffed Steak Pineapple Mashed Potatoes Broccoli Dinner Roll 0	Chicken Fajita Strip Salad Mixed Greens Cheese, Tomatoes Banana Tortilla Chips Dessert	Grilled Chicken Sandwich Cole Slaw Hamburger Bun Mandarin Oranges Wedge Potatoes Dessert	Chicken Parmesan Noodles Tossed Salad Italian Beans Apple 0
Monday 10/12/2020	Tuesday 10/13/2020	Wednesday 10/14/2020	Thursday 10/15/2020	Friday 10/16/2020
Beef Lasagna Italian Vegetables Tossed Salad Orange Garlic Bread 0	Chicken & Dumplings Tossed Salad Green Peas Pears Dinner Roll 0	Stuffed Peppers Mashed Potatoes Green Beans Whole Grain Bread Peaches Dessert	Beef Stew Stew Vegetables Potatoes Banana Dinner Roll Dessert	Copper Country Pie Mixed Vegetables Corn Bread Topping Tossed Salad Apple 0
Monday 10/19/2020	Tuesday 10/20/2020	Wednesday 10/21/2020	Thursday 10/22/2020	Friday 10/23/2020
Baked Cod Macaroni & Cheese Brussel Sprouts Pears 0 0	Beef Tacos (2) Cheese, Lettuce, Tomatoes Salsa & Sour Cream Refried Beans Tortillas Mixed Fruit	Grilled Turkey Burger Hamburger Bun Baked Beans Cucumber Salad Pineapple Dessert	Cheese Baked Mostaccioli Italian Blended Vegetables Fruit Cocktail Bread Stick Dessert 0	Swedish Meatballs & Rice Corn Tossed Salad Banana Dinner Roll 0
Monday 10/26/2020	Tuesday 10/27/2020	Wednesday 10/28/2020	Thursday 10/29/2020	Friday 10/30/2020
Beef Goulash Blended Vegetables Peaches Dinner Roll 0 0	Pulled BBQ Chicken Sandwich Sweet Potato Cubes Brussel Sprouts Mixed Fruit Hamburger Bun	Stuffed Cabbage Mashed Potatoes Peas Whole Wheat Bread Banana Dessert	Golden Crispy Chicken Mashed Sweet Potatoes Spinach Apple Whole Grain Bread 0	Halloweenies Hot Dog Bun Boo Baked Beans Creepy Cole Slaw Orange Pumpkin Sugar Cookie
Monday 11/2/2020	Tuesday 11/3/2020	Wednesday 11/4/2020	Thursday 11/5/2020	Friday 11/6/2020
Beef Chili Broccoli Fruit Cocktail Oyster Crackers 0 0	Chicken Thigh Wedge Potatoes Peas and Carrots Pears Dinner Roll 0	Sloppy Joe Hamburger Bun Carrots Tropical Fruit Three Bean Salad Dessert	Chicken Fingers (2) Cole Slaw Peaches Sweet Potato Cubes Dessert 0	Country Fried Steak Mashed Potatoes Broccoli Banana Whole Grain bread 0

MENU SUBJECT TO CHANGE
WITHOUT NOTICE
HALF PINT OF MILK
SERVED WITH EVERY MEAL

COST SHARE \$3.00

11/7/20

BLIZZARD BOX

DELIVERY