

Livingston County & Western Oakland Meals on Wheels - September 2020 Menu

Monday 9/7/2020	Tuesday 9/8/2020	Wednesday 9/9/2020	Thursday 9/10/2020	Friday 9/11/2020
Labor Day Closed Frozen Delivered 9/2/2020 0 0	Hamburger w/cheese Hamburger Bun Potato Salad Carrots Mixed Fruit 0	Tuna Salad Plate Cheese, Cucumbers, Tomatoes Mixed Greens Pita Bread Banana Dessert	Stuffed Cabbage Mashed Potatoes Green Beans Whole Wheat Bread Peaches Dessert	Baked Cod Carrots & Peas Harvest Rice Orange Dinner Roll Tartar Sauce
Monday 9/14/2020	Tuesday 9/15/2020	Wednesday 9/16/2020	Thursday 9/17/2020	Friday 9/18/2020
Pulled BBQ Chicken Sandwich Wedge Potatoes Brussel Sprouts Apple Hamburger Bun 0	Beef Lasagna Broccoli Tossed Salad Orange Bread Stick 0	Maurice Salad w/Ham & Turkey Swiss Cheese/chopped Greens Gherkin Pickles Pita Bread Banana Dessert	Macaroni & Cheese Stewed Tomatoes Green Beans Fruit Cocktail Bread Stick Dessert	Chicken and Dumplings Peas & Carrots Apple Sauce Dinner Roll 0
Monday 9/21/2020	Tuesday 9/22/2020	Wednesday 9/23/2020	Thursday 9/24/2020	Friday 9/25/2020
Chicken Fettucini Alfredo Tossed Salad Broccoli Pears Garlic Bread Stick 0	Beef Tacos (2) Cheese, Lettuce, Tomatoes Salsa & Sour Cream Refried Beans Tortillas Mixed Fruit	chef Salad Plate w/Ham & Turkey Mixed Greens Potato Salad Pita Bread Banana Dessert	Vegetable Lasagna Italian Beans Peaches Bread Stick Dessert 0	Cheese Baked Beef Mostaccioli Corn Apple Garlic Bread Tossed Salad 0
Monday 9/28/2020	Tuesday 9/29/2020	Wednesday 9/30/2020	Thursday 10/1/2020	Friday 10/2/2020
Sweet Potato Encrusted Pollock Stewed Tomatoes Macaroni Salad Orange Dinner Roll Tartar Sauce	Sloppy Joe Hamburger Bun Corn Potato Wedges Apple 0	Chicken Salad Plate w/onions grapes, celery, Mixed Greens 3 Bean Salad Pita Bread Banana Dessert	Golden Crispy Chicken Mashed Redskins Spinach Apple Sauce Dinner Roll Dessert	Copper Country Pie Peas and Carrots Tossed Salad Mandarin Oranges Dinner Roll 0
Monday 10/5/2020	Tuesday 10/6/2020	Wednesday 10/7/2020	Thursday 10/8/2020	Friday 10/9/2020
Spaghetti & Meatballs Mixed Vegetables Fruit Cocktail Garlic Bread Stick Tossed Salad 0	Stuffed Steak Pineapple Mashed Potatoes Broccoli Dinner Roll 0	Chicken Fajita Strip Salad Mixed Greens Cheese, Tomatoes Banana Tortilla Chips Dessert	Grilled Chicken Sandwich Cole Slaw Hamburger Bun Mandarin Oranges Wedge Potatoes Dessert	Chicken Parmesan Noodles Tossed Salad Italian Beans Apple 0

PLEASE CALL 24 HOURS IN
ADVANCE TO CANCEL MEAL:
810-632-2155

MENU SUBJECT TO CHANGE
WITHOUT NOTICE
HALF PINT OF MILK
SERVED WITH EVERY MEAL
COST SHARE \$3.00

9/7/20
NO MEALS DELIVERED
FROZEN DELIVERED 9/2/20