

Livingston County & Western Oakland Meals on Wheels - July 2020 Menu

Monday <u>7/6/2020</u>	Tuesday <u>7/7/2020</u>	Wednesday <u>7/8/2020</u>	Thursday <u>7/9/2020</u>	Friday <u>7/10/2020</u>
Grilled Turkey Burger Hamburger Bun Baked Beans Cole Slaw Orange 0	Swedish Meatballs Over Rice Corn Mixed Vegetables Apple Whole Grain Dinner Roll 0	Chicken Fajita Strip Salad Mixed Greens Cheese, Tomatoes Banana Tortilla Chips Dessert	Pulled BBQ Chicken Sandwich Wedge Potatoes Brussel Sprouts Pineapple Hamburger Bun Dessert	Copper Country Pie Peas and Carrots Tossed Salad Fruit Cocktail Dinner Roll Dessert
<u>Monday</u> <u>7/13/2020</u>	<u>Tuesday</u> <u>7/14/2020</u>	<u>Wednesday</u> <u>7/15/2020</u>	<u>Thursday</u> <u>7/16/2020</u>	<u>Friday</u> <u>7/17/2020</u>
Potato Encrusted Pollock Cole Slaw Macaroni Salad Peas Dinner Roll Tartar Sauce	Beef Tacos (2) Cheese, Lettuce, Tomatoes Salsa & Sour Cream Refried Beans Tortillas Mixed Fruit	Maurice Salad w/Ham & Turkey Swiss Cheese/chopped Greens Gherkin Pickles Potato Salad Pita Bread Banana	Sloppy Joe Hamburger Bun Corn Potato Wedges Orange 0	Golden Crispy Chicken Mashed Redskins Spinach Apple Sauce Dinner Roll 0
<u>Monday</u> <u>7/20/2020</u>	<u>Tuesday</u> <u>7/21/2020</u>	<u>Wednesday</u> <u>7/22/2020</u>	<u>Thursday</u> <u>7/23/2020</u>	<u>Friday</u> <u>7/24/2020</u>
Spaghetti & Meatballs Italian Vegetables Apple Garlic Bread Stick Tossed Salad 0	Chicken and Dumplings Peas & Carrots Peas Dinner Roll Dessert 0	Greek Chicken Salad w/beets red onions/black olives/feta Mixed Greens Pita Bread Banana 0	Stuffed Steak Pineapple Mashed Potatoes Green Beans Dinner Roll Dessert	Chicken Fettucini Alfredo Caesar Salad Broccoli Peaches Garlic Bread Stick 0
<u>Monday</u> <u>7/27/2020</u>	<u>Tuesday</u> <u>7/28/2020</u>	<u>Wednesday</u> <u>7/29/2020</u>	<u>Thursday</u> <u>7/30/2020</u>	<u>Friday</u> <u>7/31/2020</u>
Italian Meatball Sub Sub Bun Wedge Potatoes Italian Beans Pears 0	Hamburger w/cheese Hamburger Bun Potato Salad Carrots Mixed Fruit 0	Chicken Salad Plate w/onions grapes, celery, Mixed Greens 3 Bean Salad Pita Bread Banana Dessert	Beef Lasagna Broccoli Apple Bread Stick Dessert 0	Baked Cod Cole Slaw Harvest Rice Orange Dinner Roll Tartar Sauce
<u>Monday</u> <u>8/3/2020</u>	<u>Tuesday</u> <u>8/4/2020</u>	<u>Wednesday</u> <u>8/5/2020</u>	<u>Thursday</u> <u>8/6/2020</u>	<u>Friday</u> <u>8/7/2020</u>
Stuffed Cabbage Mashed Potatoes Green Beans Whole Wheat Bread Peaches 0	Chicken Parmesan Noodles Tossed Salad Italian Beans Apple Dessert	Tuna Salad Plate Cheese, Cucumbers, Tomatos Mixed Greens Potato Salad Pita Bread Banana	Grilled Chicken Sandwich 3 Bean Salad Hamburger Bun Pineapple Wedge Potatoes Dessert	Salisbury Steak Corn Fruit Cocktail Mashed Potatoes Dinner Roll 0

PLEASE CALL 24 HOURS IN
ADVANCE TO CANCEL MEALS
810-632-2155

MENU SUBJECT TO CHANGE
WITHOUT NOTICE
HALF PINT OF MILK
SERVED WITH EVERY MEAL

COST SHARE \$3.00